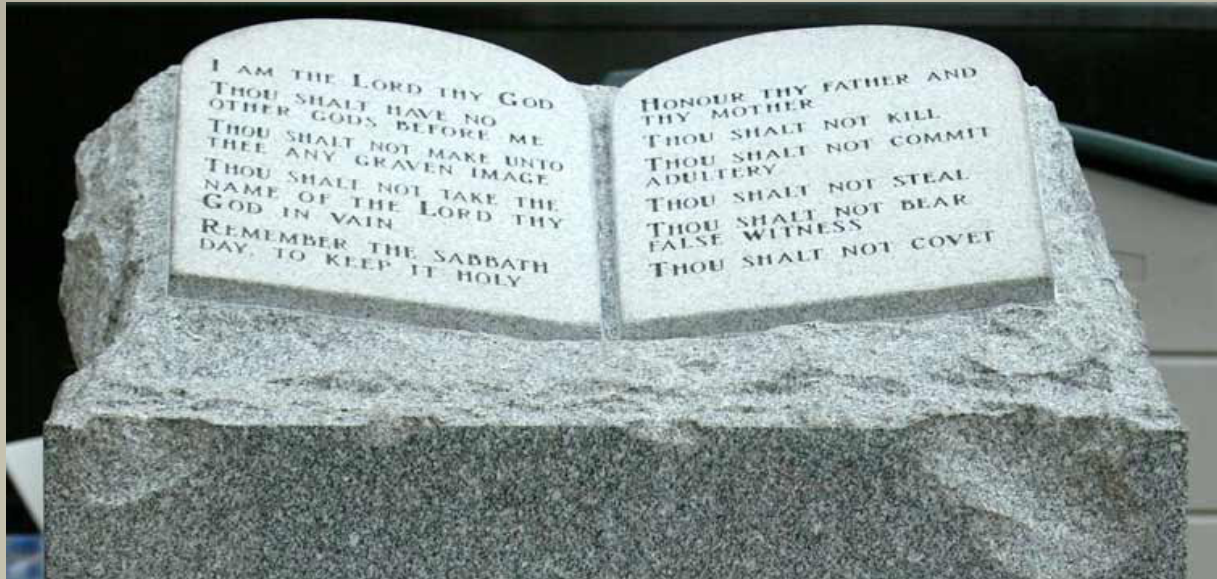


# Are the Ten Commandments “Christian”?



R. Matna and R. Shmuel bar Nahman said:

“It would be proper to recite the Ten Commandments every day. And why don’t we? Because of the disputations of the heretics, lest they say: ‘These alone were given to Moses at Sinai.’”

(Jerusalem Talmud *Berakhot* 1:4)

# Is Christianity “easy”?



“All of our Western culture is colored by Christianity, a religion which won its millions of converts by boiling down Judaism to its easiest regulations, by accepting the Ten Commandments—and even those not completely—and rejecting most of the rest of the Torah.”

Rabbi Norman Lamm

# Torah on the Sabbath

*And God completed on the seventh day the work which he had done and he stopped on the seventh day from all the work he had done. And God blessed the seventh day and made it holy, because on it he had stopped from all the work that God created and did. (Genesis 2:2-3)*

*Be mindful of the stopping day to make it holy. Six days you shall labor and do all your work but the seventh day is a sabbath to Yahweh your God. You shall do no work, you and your son and your daughter, your male slave and female slave, and your beast and the resident alien who is within your gates. Because six days Yahweh made the heavens and the earth, the sea, and all that is in them, and he rested on the seventh day. That is why he blessed the stopping day and made it holy.*

(Exodus 20:8-11)

*Guard the stopping day so as to make it holy, as Yahweh your God has instructed you. Six days you shall labor and do all your work, but the seventh day is a sabbath to Yahweh your God. You shall do no work, you and your son and your daughter, your male slave and female slave, and your ox and your donkey and all your beasts and the resident alien who is within your gates so that your male and female slaves may rest like you. You shall be mindful that you were a slave in Egypt, and Yahweh brought you out from there with a strong hand and outstretched arm. That is why Yahweh your God has instructed you to guard the stopping day. (Deut. 5:12-15)*



# Even when doing God's work



*Yahweh said to Moses, “And you, speak to the Israelites, saying, ‘Nevertheless, my stopping days you are to guard, for that is a sign between me and you for your generations to know that I am Yahweh who makes you holy. And you shall guard the stopping day because it is holy for you. Anyone who treats it as ordinary surely shall be put to death, for whoever does work on it, that person shall be cut off from the midst of his people. Six days shall work be done and the seventh day is the sabbath of complete stopping, holy to Yahweh. Anyone doing work on the stopping day is surely to be put to death.’ The Israelites are to guard the stopping day in order to make the stopping day a covenant for the ages for their generations. Between me and the Israelites it is a sign for the ages, for in six days Yahweh made the heavens and the earth and on the seventh day he stopped and caught his breath.” (Ex. 31:12-17)*