

WEBVTT

1

00:00:00.000 --> 00:00:00.750

terrell Copeland.

2

00:00:02.250 --> 00:00:13.650

Carrington Moore: The character from Thomas she's in a car, coming from a board meeting, but she decided to still bless us to make sure that Bible study can be possible going to clap your hands real quick for sister Carol Copeland Thomas We thank you.

3

00:00:14.309 --> 00:00:18.360

Carole Copeland Thomas: Thank you so much, everybody God bless Thank you i'm gonna go on you now, a man.

4

00:00:18.660 --> 00:00:30.720

Carrington Moore: we're going to jump right into our Bible study so in your own way, please assume a posture of prayer please assume a posture of prayer as we think through as we pray through this journey.

5

00:00:31.860 --> 00:00:39.570

Carrington Moore: of sabotaging the Sabbath as we think about how God has called us to rest, let us pray let's pray.

6

00:00:40.440 --> 00:00:49.290

Carrington Moore: father, mother God, we thank you for this opportunity to be together to learn to think and to understand how you called us.

7

00:00:49.890 --> 00:00:56.970

Carrington Moore: to wrestle or God, even in the Book of Genesis will guide on the seventh divine beautiful perfect day you decided.

8

00:00:57.450 --> 00:01:09.690

Carrington Moore: to rest in God we and we began to understand that last week that you are in a perpetual state of creating but God you're also in a perpetual state of resting and God because of that you've called us.

9

00:01:10.290 --> 00:01:14.910

Carrington Moore: To wrestler so we thank you for the opportunity to

be in Community to learn.

10

00:01:15.450 --> 00:01:30.450

Carrington Moore: And to rest individually and collectively blesses God, as we journey through the scripture be with us, and all that we do and say this, we pray in the name of love the name of liberation and the name of Jesus the Christ our savior let everyone say amen.

11

00:01:31.650 --> 00:01:38.490

Carrington Moore: Well feminists good to see you all today do me a favor we're gonna jump right into it, I want you to grab a pen and a paper.

12

00:01:38.760 --> 00:01:46.500

Carrington Moore: grab your notebook or are grab your your your phone or grab your iPad whatever it is that you use.

13

00:01:46.830 --> 00:01:54.360

Carrington Moore: Go ahead and grab that we're gonna we're going to reflect together for just about one minute and we'll play a little song reflect together for about one minute.

14

00:01:54.720 --> 00:02:09.180

Carrington Moore: And you're going to write down how you were able to rest this week and we're going to do that family to do that for the next three weeks as we're in this subject of sabotaging the Sabbath will be on this subject, all the way, until the week of.

15

00:02:10.230 --> 00:02:19.830

Carrington Moore: The week of palm Sunday so that Wednesday before palm Sunday that will be our last Bible study on the subject of sabotaging the Sabbath So if you can grab a notebook.

16

00:02:20.910 --> 00:02:29.880

Carrington Moore: you're simply answering this simple question how have you been able to rest this week, how have you been able to rest.

17

00:02:31.080 --> 00:02:38.520

Carrington Moore: This week i'm going to share my screen or play my slow song and then, when the song is over we'll jump into the Bible study.

18

00:02:42.390 --> 00:02:42.930

All right.

19

00:03:40.860 --> 00:03:49.680

Carrington Moore: give another minute to write down another minute to write down how have you been able to rest, as we go and listen to the song and reflect on that.

20

00:05:37.620 --> 00:05:45.990

Carrington Moore: Alright, family hope that you are to spend some time thinking about all the ways that you've been able to rest for this week.

21

00:05:46.560 --> 00:05:56.970

Carrington Moore: I want to begin our Bible study by uplifting some of the review that we had last week, as we study the Book of Genesis genesis Chapter one.

22

00:05:57.360 --> 00:06:07.530

Carrington Moore: And genesis Chapter two, and some of the things that became very important to us as we have lifted, this idea of rest, I want to read a couple quotes that came from.

23

00:06:08.010 --> 00:06:19.470

Carrington Moore: This great book by rabbi Dr Abraham joshua heschel and he reminds us, here it is reminds us this what we are depends on what the Sabbath.

24

00:06:20.130 --> 00:06:31.290

Carrington Moore: is to us what we are depends on what the Sabbath is to us, and then you also reminds us here family says this which is really powerful.

25

00:06:31.650 --> 00:06:40.410

Carrington Moore: it'll actually be part of a big part of our bibles today as we're thinking about this calling to rest, he says, this is what he says he says.

26

00:06:40.830 --> 00:06:50.100

Carrington Moore: It is not we who long for the day of rest, but the set, but the Sabbath spirit that is lonely and longs for us, we say

that one more time.

27

00:06:50.550 --> 00:07:00.390

Carrington Moore: It is not we who long for the day of rest of the day of Sabbath but the Sabbath spirit that is lonely and as longing.

28

00:07:01.020 --> 00:07:06.510

Carrington Moore: For us last week we talked about the equation for divine order and creation.

29

00:07:07.140 --> 00:07:15.960

Carrington Moore: And we said this, as it pertains to rest, as we looked up lifted the creative day the seventh day of the day, even perfection, we talked about.

30

00:07:16.710 --> 00:07:27.420

Carrington Moore: The equation for divine order creation said this, he said, one you are called to create this just review family when we said, your productivity is not your identity.

31

00:07:27.870 --> 00:07:39.600

Carrington Moore: And we also looked it up that even in the midst of creation Adam and Eve, and God, was able to find rest in nature, we also said, you are called to community.

32

00:07:39.960 --> 00:07:52.290

Carrington Moore: And the midst of Adam being creative in the midst of Adam living in divine perfection God knew that God needed perfect intimacy in the same way that God enjoyed.

33

00:07:52.530 --> 00:08:04.830

Carrington Moore: Perfect intimacy with God self we're referring to the Trinity, we believe that, in the Trinity, meaning that God is one but God is ventured into three person that being God, the father.

34

00:08:05.250 --> 00:08:18.960

Carrington Moore: God the son and God the Holy Spirit will makes them one as soon as Essentially, this is that they said they share the same substance, so the same substance that makes the Holy Spirit the Holy Spirit the same substance that makes Jesus Jesus.

35

00:08:19.200 --> 00:08:26.610

Carrington Moore: The same substance that makes the father, the father is the same substance that make them God, and so, because God and joy.

36

00:08:27.270 --> 00:08:42.900

Carrington Moore: Perfect intimacy with God self God and god's perfect intellect says to creation, it is not good, it does not well for item to be alone, so we shall find and help meet for him.

37

00:08:43.320 --> 00:08:52.920

Carrington Moore: And so we said that the equation for divine order in creation is one you are called to create, but then to we said, you are called to community.

38

00:08:53.880 --> 00:08:58.320

Carrington Moore: And then the other thing we share that you are called here this last point.

39

00:08:58.800 --> 00:09:05.790

Carrington Moore: of last week, you are called to care so even though Adam and Eve, the book they enjoy perfect intimacy with one another.

40

00:09:06.090 --> 00:09:13.860

Carrington Moore: And they enjoyed perfection in perfect intimacy with God and with creation, they did make a mistake, like many of us would have made a mistake.

41

00:09:14.160 --> 00:09:25.260

Carrington Moore: And they fell from grace, but because God called us to care God was the great example to us and the Book of Genesis and God cares for them.

42

00:09:25.530 --> 00:09:37.020

Carrington Moore: Meaning that they found themselves naked and exposed because of their sin sin they had knowledge of both good and evil, so what is God do God covers them.

43

00:09:37.260 --> 00:09:49.770

Carrington Moore: God protects them and God still blesses them in the midst of their fall in the midst of their mistake, and so the creation or, then the equation for divine order in creation is your call to create.

44

00:09:50.280 --> 00:09:58.710

Carrington Moore: But your productivity is not your identity your call to Community that we're called to rest, not just individually we're called to rest.

45

00:09:59.100 --> 00:10:11.520

Carrington Moore: In Community which gives us perfect intimacy and community and they were called like God to care less power lifting from last week, which was a powerful one now because I said it because God David.

46

00:10:12.240 --> 00:10:19.320

Carrington Moore: was simply this that then the Book of Genesis because God rested on the seventh day here it is.

47

00:10:19.980 --> 00:10:28.170

Carrington Moore: We too are called the rest, as a matter of fact, the scripture says that were made in the image of God, just a little, not a lot, but just a little bit lower.

48

00:10:28.590 --> 00:10:35.070

Carrington Moore: than the angels, and so God is resting and is perpetually resting, and that means that we.

49

00:10:35.550 --> 00:10:46.230

Carrington Moore: should be perpetually creating being productive but also perpetually resting and we are trying to in this Bible study to find the divine algorithm so that we can create.

50

00:10:47.010 --> 00:10:55.740

Carrington Moore: But then also to rest in the Bible says that were created in the image of God, we talked about this idea that a deity being able to rest is not new.

51

00:10:56.070 --> 00:11:05.730

Carrington Moore: Right, there were other ancient Mediterranean deities that within the creation story that they rested, and this is not new, for one, to say.

52

00:11:06.210 --> 00:11:12.630

Carrington Moore: that one is created in the image of a D amp T but here's the thing that's powerful about this God y'all away, is that we believe.

53

00:11:13.230 --> 00:11:21.480

Carrington Moore: that the person or the person's created in the image of the Deity Galloway they just mean that they hear this that they look like God.

54

00:11:22.200 --> 00:11:33.930

Carrington Moore: But also meant that they were in do indoors and then dude with power like that guy, and so we see God testing god's power with Adam because we see God.

55

00:11:34.320 --> 00:11:45.900

Carrington Moore: At the beginning, calls Adam to create, so much so that God says, Adam i'm going to bring animals in the sky and our land to you, it is your job to create a name.

56

00:11:46.560 --> 00:11:59.550

Carrington Moore: For them, certainly on Adam this call to create amen, and so we talked about last week we're almost done we'll get to the juicy part for this week, we talked about last week here it is.

57

00:12:00.030 --> 00:12:06.060

Carrington Moore: Here it is last week my cameras so far this all good now can still see me last week we talked about here, it is.

58

00:12:06.900 --> 00:12:25.320

Carrington Moore: We talked about the working definition of Sabbath and we said Sabbath is a day of religious observance and absence from work day of worship and rest Sabbath is observance a lifestyle, it is a way of being and that's the big part.

59

00:12:26.460 --> 00:12:29.430

Carrington Moore: A worship ritual and so.

60

00:12:30.480 --> 00:12:40.170

Carrington Moore: We talked about last week that divine rest is achieved after order being brought to creation we also talked about divine rest we're almost done family.

61

00:12:40.560 --> 00:12:47.460

Carrington Moore: let's jump into our Bible study for this week divine rest is achieved at the mercy healing and the miracle working.

62

00:12:47.880 --> 00:13:01.170

Carrington Moore: And then divine rest is characterized by ongoing control and stability, I think I missed that shouting point I want to bless you real quick because God is able to rest here, it is very simple, but it's also brilliant.

63

00:13:01.950 --> 00:13:09.060

Carrington Moore: God is able to rest family, it is because God is in control I missed the shot y'all missed it sister Tracy i'm.

64

00:13:09.330 --> 00:13:21.180

Carrington Moore: Driving, so I think you might have missed it Joyce government nice blue shirt but should my than Mr john now I like your hair I love this blonde but you might have missed it God, here it is God is able to rest.

65

00:13:21.930 --> 00:13:29.550

Carrington Moore: Because God is in control family and so here's the thing family oftentimes we believe.

66

00:13:30.090 --> 00:13:43.410

Carrington Moore: The things are sometimes not working and are good we're asking the question God Where are you I can't see I can't feel you I can't understand you and sometimes God is working it out, even as God is resting because here's the thing family.

67

00:13:43.920 --> 00:13:55.320

Carrington Moore: God is in control, this was the bottle says be anxious for nothing but all things through up through prayer and supplication lecture requests be made known to God.

68

00:13:56.100 --> 00:14:03.480

Carrington Moore: So God is on god's throne god's chillin god's creating in god's resting and God is able to do that because God.

69

00:14:03.810 --> 00:14:12.540

Carrington Moore: To ashley's and controls to Susan or the James God

is in control of your life so today's lesson here it is here this family it's a good lesson.

70

00:14:13.080 --> 00:14:22.110

Carrington Moore: it's a good lesson, not because I said it because God gave me here it is we're in Luke chapter 10 verses 30 to 42 the title of today's lesson is all work.

71

00:14:23.040 --> 00:14:32.760

Carrington Moore: And no play keeps rest away so one more time today's lesson don't laugh at me don't laugh at me because the Holy Spirit gave this to me all work.

72

00:14:33.480 --> 00:14:57.960

Carrington Moore: And no play keeps rest away near it is when we don't rest here, it is the big part if you don't if you don't take anything away from the Bible said I want you to take this away when we don't rest we miss something about God and we miss something with God.

73

00:14:59.010 --> 00:14:59.520

Carrington Moore: family.

74

00:15:00.720 --> 00:15:04.020

Carrington Moore: Here it is family want to share a quick something with you real quick.

75

00:15:05.190 --> 00:15:17.700

Carrington Moore: And the book blue zones by Dan butner Dan is on a quest to understand the lifestyles cultures and ways of being to deeply understand how certain regions.

76

00:15:18.060 --> 00:15:29.130

Carrington Moore: groups are able to have a higher percentage percentage of scintilla panels or persons living to be over 100 years of age, so, for example.

77

00:15:29.610 --> 00:15:35.700

Carrington Moore: Then he goes to Arkansas a cluster of islands about 1000 miles off the coast of Japan.

78

00:15:36.540 --> 00:15:52.200

Carrington Moore: Where and where they give birth to an average of one centennial per 6000 births, as opposed to the US that gives birth to one centennial per 20,000 births includes that it is not simply the diet.

79

00:15:52.620 --> 00:16:02.520

Carrington Moore: That gives rise to the unique group of people that on average live about 12 years longer than the average American but the quality of their living is much longer.

80

00:16:02.880 --> 00:16:10.350

Carrington Moore: As they place preeminence not on the healing of a disease, but what is most sacred is the prevention of disease.

81

00:16:10.830 --> 00:16:21.510

Carrington Moore: So that the act of healing is never necessary, meaning that they value, a culture that uplifts holistic health well being play.

82

00:16:21.900 --> 00:16:36.150

Carrington Moore: And here, it is rest know bless you real quick and suggest to you that, in the season of rediscovering Sabbath God through rest wants to add years to your life, and here it is God wants to add life.

83

00:16:36.900 --> 00:16:47.580

Carrington Moore: to your years our practice of Sabbath will look different based upon race or socio economic status, our culture, our health and vantage point but nonetheless.

84

00:16:48.120 --> 00:16:58.590

Carrington Moore: You can practice a form of Sabbath I want to submit to you that we all are victims of white supremacy, we all are victims of the children of white supremacy, which includes capitalism.

85

00:16:58.800 --> 00:17:12.000

Carrington Moore: And this unique and counting ability to explain our Labor and that's cause the country's wealth divide that ascending this country on a path of economic ruin democratic upheaval and cultural devastation, but I want to suggest to you.

86

00:17:12.360 --> 00:17:23.190

Carrington Moore: That because you are divine you are still called tourists then button in his book blue zone, he concludes this that their ability to live.

87

00:17:24.000 --> 00:17:39.390

Carrington Moore: On average of 87 years of age, as opposed to the average American that lives around 76.5 years of age, it is due to their culture, and it is three points i'm gonna lift up to you is because they place preeminence on family.

88

00:17:40.680 --> 00:17:56.460

Carrington Moore: They place preeminence on faith or finding purpose, the place preeminence on friendship, the ability to live long and add life to their long living is because they.

89

00:17:57.660 --> 00:17:59.910

Carrington Moore: Rest all work.

90

00:18:01.260 --> 00:18:12.300

Carrington Moore: And no play keeps rest away let's jump right into a family, I want to jump right into ask your questions, the very here this down i'm not trying to shame anybody.

91

00:18:12.810 --> 00:18:20.520

Carrington Moore: At all so, however, you ask this, how would you answer this question i'm not gonna judge you i'm not gonna be mad at you, I just really want to hear what you have to say.

92

00:18:21.180 --> 00:18:30.510

Carrington Moore: So i'm gonna put this in the chat real quick i'll put this in the chat real quick is simply this here it is here, it is here, it is you put this in the chat for you.

93

00:18:31.980 --> 00:18:33.720

Carrington Moore: Here it is one second.

94

00:18:35.190 --> 00:18:38.490

Carrington Moore: bring it up on my computer is what peter's acting crazy.

95

00:18:43.260 --> 00:18:44.730

wow Jesus.

96

00:18:46.410 --> 00:18:47.160

Love love love love.

97

00:18:50.910 --> 00:18:51.360

To go.

98

00:18:55.980 --> 00:18:59.400

Carrington Moore: seconds i'm almost there was looking at my notes, I heard is.

99

00:19:01.830 --> 00:19:05.730

Carrington Moore: Here it is, but in the chat as my computer's acting crazy it's all good.

100

00:19:07.050 --> 00:19:15.330

Carrington Moore: it's all good and i'm just teaching for a little bit we've got to get into the good stuff yeah want to turn up in like five seconds so don't worry, we got to teach before we turn up so good.

101

00:19:15.990 --> 00:19:28.380

Carrington Moore: hearing this family, what does it mean because we, I asked you this question about what it means to be divine I know I keep saying that but I actually got a I got to understand what it means for you, what does it mean that you are divine I want you to go ahead and answer that.

102

00:19:32.610 --> 00:19:36.060

Carrington Moore: chat or unmute yourself, I want to hear from you.

103

00:19:41.070 --> 00:19:43.560

Carrington Moore: You go ahead and mute yourself where to put in the chat.

104

00:20:14.820 --> 00:20:18.390

Carole Copeland Thomas: reverie more are you back in I think we lost her every more and.

105

00:20:18.600 --> 00:20:19.260

Carrington Moore: i'm back.

106

00:20:19.620 --> 00:20:20.280

Carrington Moore: Okay, with.

107

00:20:21.300 --> 00:20:24.660

Carrington Moore: Leaving the devil, but during the devil popping up.

108

00:20:24.780 --> 00:20:25.620

Carrington Moore: on them.

109

00:20:26.340 --> 00:20:28.110

Carole Copeland Thomas: they're devils in Moscow.

110

00:20:28.680 --> 00:20:29.010

yeah.

111

00:20:30.870 --> 00:20:31.680

Carrington Moore: Here, this family.

112

00:20:32.130 --> 00:20:42.990

Carrington Moore: What does it mean to be divine with just i'm just taught from this computer right here from this camera seven figure out what's going on my cam we're going to talk through this one got 29 people in in the zoom room so yeah don't leave.

113

00:20:44.700 --> 00:20:53.130

Carrington Moore: So Christian Christian you said, I am the perfect me if it bell says, for one thing we need to have higher expectations of ourselves all right.

114

00:20:54.420 --> 00:21:03.360

Carrington Moore: sister brother says i'm part of deity part of God himself, what does it mean to be divine what does it mean when we say that we say that we are divine.

115

00:21:04.020 --> 00:21:13.770

Carrington Moore: So as young as Islamic children are some guy i'm a daughter of the most hi I am George heirs with Christ anybody else cuz imma imma hit you, but the next question let's go push you a little

bit.

116

00:21:13.920 --> 00:21:24.270

Albert Coombs: yeah I think it's a big like godlike you know to to try to walk in the footsteps of Jesus as much as you possibly can.

117

00:21:26.220 --> 00:21:41.460

Carrington Moore: that's good that's good, thank you very much for the hour anybody else, this is not alone bottom, so we get like literally like 2540 minutes left 2530 minutes we're not alone Bible study being set apart in god's image like a situation that's good, what does it mean to be divine.

118

00:21:44.010 --> 00:21:47.580

Carrington Moore: So sounds like you all believe that your divine we jumped to the next question.

119

00:21:50.430 --> 00:21:57.930

Carrington Moore: All right, let me ask this question it's kind of like this, let me hit i'm not shaming nobody i'm not trying to get nobody's business.

120

00:21:58.230 --> 00:22:02.910

Carrington Moore: I don't care what political affiliation, you have i'm just curious, because if you're saying your divine.

121

00:22:03.300 --> 00:22:12.330

Carrington Moore: We have to then get at this idea of deserving of your divine what is it that you deserve, and so the question is, what does each person in this country deserve.

122

00:22:12.630 --> 00:22:22.680

Carrington Moore: Minimum minimum and time off vacation in salary i'm just i'm just curious i'm not looking for any particular question I am literally just curious, what do you all think go ahead and put in the chat.

123

00:22:23.400 --> 00:22:31.890

Carrington Moore: will not go same you will not talk about you mingle spreadsheet business, I just want to hear from you, if your divine, how do you then respond to this question.

124

00:22:34.290 --> 00:22:38.250

Carrington Moore: What do you deserve, what do you deserve.

125

00:22:41.700 --> 00:22:51.960

Carrington Moore: Is the cassie four to six weeks vacation oh man after the hallelujah net one four to six, a minimum that's good to cast anybody else we buy us.

126

00:22:52.770 --> 00:22:54.960

Albert Coombs: To be able to go to heaven, when the time comes.

127

00:22:55.800 --> 00:22:57.720

Carrington Moore: To be able to go okay all right all right.

128

00:23:00.090 --> 00:23:05.880

Carrington Moore: question is, what does each person deserve minimum and time or vacation and salary, what do you think.

129

00:23:10.230 --> 00:23:18.570

Carrington Moore: I need to be specific guessing blessings respect prosper that's all there, I mean I mean numbers yeah, how can you give me some numbers family.

130

00:23:18.930 --> 00:23:27.360

Carrington Moore: Now i'll try to be all abstract i'm not sure to be a business I just need some numbers, which I think there is no limit on what you deserve okay all right all right.

131

00:23:30.540 --> 00:23:37.080

Carrington Moore: 75 there we got it number one we go 75 that's above that it gets above.

132

00:23:38.790 --> 00:23:45.690

Carrington Moore: that's that's a living wage earning \$75,000 a year that's about \$22 a day I think so that's above.

133

00:23:47.280 --> 00:23:54.900

Carrington Moore: you're able to have a living wage with that six weeks and I, like the way to George I know it's like you know it's not like that.

134

00:23:55.440 --> 00:24:03.450

Carrington Moore: Six weeks of vacation and minimum once 1000 printing anybody I just i'm just curious i'm just curious what were y'all think y'all deserve.

135

00:24:04.440 --> 00:24:14.820

Carrington Moore: But that was a socio economic status credential schooling, what do you think everyone deserves good i'm gonna give you about 10 more seconds 10 more seconds.

136

00:24:15.840 --> 00:24:21.600

Carrington Moore: going to put in chat or unmute yourself, you can explain why but it go somewhere with this when I go somewhere don't worry we're going to go somewhere with this.

137

00:24:22.410 --> 00:24:26.160

Natalie Rice-Harris: i'd say that we deserve at polk everybody deserves an opportunity.

138

00:24:27.120 --> 00:24:27.270

Carrington Moore: and

139

00:24:27.810 --> 00:24:28.140

That way.

140

00:24:29.280 --> 00:24:37.320

Carrington Moore: You can see an opportunity, everyone deserves an opportunity say more about this, this is that the host natalie set that that.

141

00:24:37.830 --> 00:24:38.070

yeah.

142

00:24:40.080 --> 00:24:54.270

Natalie Rice-Harris: I would, I would say, an opportunity, you know to be or to do you know what they want to do, or what they want to be, but you know, in some cases folks don't have that opportunity, so in my mind everybody deserves an opportunity.

143

00:24:56.460 --> 00:24:57.660
Carrington Moore: that's good that's good.

144
00:25:00.720 --> 00:25:06.600
Carrington Moore: All right, what does he say what did you sister
beverly there was a second and you what did you say.

145
00:25:08.010 --> 00:25:16.050
Carrington Moore: A good nice work, so it sounds like some of y'all
might get a good night's sleep without worry that's real but fellow to
submit to you.

146
00:25:17.040 --> 00:25:27.570
Carrington Moore: That our ability, asked that question wait a minute
six months family to spend with your whoa that's a good one, adopted
child free tuition for all well I do know it's some European.

147
00:25:28.020 --> 00:25:48.210
Carrington Moore: Countries that a minimum when a child is born within
that year, the woman gets at least a year off and the man gets six to
eight months off to prepare and to be a blessing to the child and they
get to kathy's point minimum four to six year or so four to six weeks
of vacation so.

148
00:25:49.230 --> 00:25:52.140
Carrington Moore: One of the things that happened, which is really
interesting after World War Two.

149
00:25:52.650 --> 00:26:04.980
Carrington Moore: And we saw the deep devastation right of the world
and large certain countries began to pay and double down on a certain
values and culture in Europe.

150
00:26:05.430 --> 00:26:18.270
Carrington Moore: After the salt newtons of people die and many
countries become economically plundered they began to double down on
the value of rest of play of joy and community.

151
00:26:18.990 --> 00:26:26.640
Carrington Moore: If you take any social service away in any country
in Europe, they will they will go into the streets immediately.

152

00:26:27.060 --> 00:26:40.740

Carrington Moore: there's always a protest in Europe, they will turn up immediately if you say I don't care what is, if you say we're not serving Coca Cola, no more is, I know we want it then we'll go to the streets tomorrow it'll be on headline news because they value.

153

00:26:41.640 --> 00:26:55.740

Carrington Moore: How their social services are used to lift their quality of life in terms of their vacation their pay their health care that became after World War Two I deep value of their.

154

00:26:56.190 --> 00:27:10.290

Carrington Moore: there's after World War Two America became began to ascend itself as a world superpower, because of the proliferation of the military industrial complex they began to see.

155

00:27:10.830 --> 00:27:19.290

Carrington Moore: That war brings profit and profit margins drive wealth so Consequently, even after.

156

00:27:19.590 --> 00:27:31.200

Carrington Moore: Deep organizing that was going on at the turn of the century in the 1910s of the 1920s and 30s by black farmers and what rural farmers that were advocating for what, for a Sabbath.

157

00:27:31.800 --> 00:27:38.910

Carrington Moore: We saw at the turn of the century that in many places that children were called to work some six seven days a.

158

00:27:38.910 --> 00:27:40.500

Carrington Moore: Week in the coal mine.

159

00:27:41.070 --> 00:27:52.860

Carrington Moore: people dying because of the disease, because of the overworking of the bodies and the fried America, so what happened people began to organize and say we need what rest.

160

00:27:53.280 --> 00:28:11.280

Carrington Moore: And a Sabbath so the creation of our Sabbath here in America, this idea that Sunday as a time off and certainly as a time of the simple fact that we have a five day workweek for most salaried

employees, simply because people said this, we are divine what we.

161

00:28:11.670 --> 00:28:25.560

Carrington Moore: deserve better to ask the simple question here we're going to jump into the text, real quick is that arrest has to be a part of how you understand your divinity because if you don't rest.

162

00:28:26.010 --> 00:28:34.410

Carrington Moore: Part of your divinity is being shut off, and if you don't understand that you are divine in the first place, you will never know what task for.

163

00:28:34.890 --> 00:28:53.610

Carrington Moore: For the turn of the century, we saw black folks in the white folks begin to organize and say we don't just want, but we demand certain concessions concerning a salary are paid and a five day work week because they believe that they deserve.

164

00:28:54.630 --> 00:28:58.770

Carrington Moore: Better so let's jump into the text, real quick snippets of text real quick.

165

00:28:59.100 --> 00:29:09.300

Carrington Moore: Since to ask to do me a favor going to look at for scriptures been to before we get to our our main steps to look at, for instance, before we get to our main structure to actually do me a favor if you can grab for me real quick.

166

00:29:10.110 --> 00:29:17.100

Carrington Moore: we're going to go to stash the graph for me here it is rat mark Chapter six verse 31.

167

00:29:18.420 --> 00:29:22.710

Carrington Moore: sister Christine is you can grab mark Chapter seven verse 24.

168

00:29:24.240 --> 00:29:31.950

Carrington Moore: sister Joyce if you can grab here, it is, if you can grab mark Chapter eight verses one through eight.

169

00:29:33.150 --> 00:29:50.970

Carrington Moore: And then lastly John, as you can go out mark chapter 16 verses 14 to 19 I'm only calling on you, because you had two cameras turned on so we're going to go to those and then, when I finally into Luke chapter 10 verses 38 through 42.

170

00:29:52.110 --> 00:29:57.390

Carrington Moore: we'll start with you stashing if you can bless us real quick I'm going to mark was it received a let's say to you.

171

00:29:57.990 --> 00:29:59.520

Ashley Porter: Mark 631.

172

00:29:59.970 --> 00:30:09.120

Carrington Moore: All right, let's let's jump there but let's turn the mark Chapter six verse 31 when we're looking at what is Jesus have to say it was Jesus plan to do around rest let's say stashing.

173

00:30:09.960 --> 00:30:11.460

Ashley Porter: I mean, and I read.

174

00:30:11.970 --> 00:30:26.010

Ashley Porter: It says, then, because so many people were coming and going the seeds and not even have a chance to eat, he said to them come with me by yourself to a quiet place and get some rest.

175

00:30:28.800 --> 00:30:32.820

Carrington Moore: I'll go back just a second so again again.

176

00:30:33.540 --> 00:30:38.280

Ashley Porter: come with me by yourselves to a quiet place in get some rest.

177

00:30:38.580 --> 00:30:40.980

Carrington Moore: um, so this is Jesus.

178

00:30:41.370 --> 00:30:54.030

Carrington Moore: talking to his disciples God's to come away to a deserted place all by yourself and rest awhile for many were coming and going and they had no leisure to even eat.

179

00:30:54.570 --> 00:31:00.270

Carrington Moore: For the text we see Jesus would always accomplish but Jesus had the intention to rest.

180

00:31:00.480 --> 00:31:09.600

Carrington Moore: and to ensure that his disciples were able to let's go on to the next scripture assumption to prove a point he I think i'm making this up about rest let's go to mark Chapter seven verse 24 would asked to read that.

181

00:31:10.050 --> 00:31:10.650

Christine Rose: That was me.

182

00:31:10.830 --> 00:31:12.420

Carrington Moore: Christina Christina.

183

00:31:13.980 --> 00:31:27.630

Christine Rose: i'm reading from the nav version mark seven verse 24 Jesus left that place and went to the vicinity of tire he entered a house and did not want anyone to know it yeah he could not keep his presence, a secret.

184

00:31:28.560 --> 00:31:37.260

Carrington Moore: um So what we asked a question and talk back to your family why don't you think Jesus didn't want nobody nobody was that what he was doing, why do you think that.

185

00:31:38.280 --> 00:31:40.860

Carrington Moore: Now talk to me go and put in chat I need to sell.

186

00:31:42.030 --> 00:31:43.170

Albert Coombs: You want to rest.

187

00:31:43.290 --> 00:31:44.730

Carrington Moore: Oh, there you go for the harbor.

188

00:31:45.300 --> 00:31:55.350

Carrington Moore: He was tired of him, for he allowed me some time to wrestle even we see these two scriptures and mark, we see Jesus trying to be intentional.

189

00:31:55.740 --> 00:32:08.100

Carrington Moore: About wrestling as always successful in the text because we see a young woman whose daughter had an issue that it begins to heal and then his fam gets larger and larger but Jesus intentionally.

190

00:32:08.370 --> 00:32:16.590

Carrington Moore: it's trying to SS keep going what's next scripture let's go to mark Chapter eight verses one through three that he's got that.

191

00:32:17.040 --> 00:32:17.790

Joyce Marshall: I give.

192

00:32:19.290 --> 00:32:29.460

Joyce Marshall: Oh, this is the ID and it says during those days, another large crowd gathered since they had nothing to eat Jesus called his disciples to him and said.

193

00:32:29.970 --> 00:32:34.920

Joyce Marshall: I have compassion for these people, they have already been with me three days and have nothing to eat.

194

00:32:35.460 --> 00:32:46.830

Joyce Marshall: If I send them home hungry, they will collapse, on the way, because some of them have come a long distance his disciples answered but we're in this remote place can anyone get enough bread to feed them.

195

00:32:47.880 --> 00:32:54.900

Joyce Marshall: How many loaves to you have Jesus asked seven they reply he told the crowd to sit down on the ground.

196

00:32:55.290 --> 00:33:02.190

Joyce Marshall: When he had taken the seven bowls and given thanks he works them and gave them to the disciples to set before the people and they did so.

197

00:33:02.970 --> 00:33:22.050

Joyce Marshall: They had a few small fishes Well he gave thanks for them, also in told the disciples to distribute them the people ate and

were satisfied afterward the disciples picked up seven basketball
basketball of broken pieces that were left over hmm there were eight.

198

00:33:22.110 --> 00:33:34.920

Carrington Moore: And they were satisfied Jesus was concerned about
sending the people that follow Jesus for days in Jesus wanted to give
them what rest.

199

00:33:35.850 --> 00:33:42.480

Carrington Moore: And one to bless them even feel their bodies Jesus
was trying to give himself rest.

200

00:33:42.960 --> 00:33:51.810

Carrington Moore: But also was concerned about those who are following
him trying to ascertain and understand the Kingdom of God all
throughout Jesus Ministry.

201

00:33:52.350 --> 00:34:06.570

Carrington Moore: Jesus is trying to bring risk let's keep going to
jail still don't believe yet i'm looking at some of y'all that there's
some your faces, I can see that some yellow let's go to next scripture
who has next scripture let's go to mark chapter 16 verses 14 through
night to what's inside.

202

00:34:07.050 --> 00:34:13.770

JONELL JOHNSON: My chapter 16 verses 14 to 19 and the new revised
standard version.

203

00:34:14.850 --> 00:34:17.280

JONELL JOHNSON: Jesus commissions the disciples.

204

00:34:18.420 --> 00:34:26.010

JONELL JOHNSON: Later, he appeared to the 11 themselves as there was
sitting at the table.

205

00:34:27.060 --> 00:34:34.830

JONELL JOHNSON: And he unbridled them he applied over them for their
lack of faith and stubbornness.

206

00:34:36.240 --> 00:34:51.060

JONELL JOHNSON: Because they had not believed those who saw him after

he had risen and he said to them go into all the world and proclaim the good news to the whole creation.

207

00:34:51.990 --> 00:35:17.700

JONELL JOHNSON: The one who believes and is baptized will be saved, but the one who does not believe will be condemned verse 17 and these signs will accompany those who believe by using my name they will cast out demons they will speak in new tongues.

208

00:35:18.930 --> 00:35:33.240

JONELL JOHNSON: They will pick up snakes in their hands, and if they drink any deadly thing, it will not hurt them, they will lay their hands on the sick and they will recover.

209

00:35:35.220 --> 00:35:46.830

JONELL JOHNSON: So, then, the Lord Jesus after he had spoken to them was taken up until the heaven and sat down at the right hand of God.

210

00:35:48.870 --> 00:35:59.340

Carrington Moore: Now, Mr y'all missed it if y'all missed all the god God, like all we talked about doing miracles, and we will be protected your whole scripture here it is.

211

00:36:00.090 --> 00:36:08.310

Carrington Moore: The big scripture I don't really get too excited because we've got to get into the juicy part of the Bible study so there's a lower Jesus after you did all the other stuff.

212

00:36:09.630 --> 00:36:13.290

Carrington Moore: And he asked us looking to the Jesus this, he was taken up to heaven.

213

00:36:14.490 --> 00:36:24.600

Carrington Moore: And he sat down, where he was taken up to heaven my Bible says, and then he went to heaven had a party no I don't read it again he he said he.

214

00:36:25.560 --> 00:36:37.350

Carrington Moore: said all that you went to heaven and you start doing some cool stuff with God that's not what the Bible says oh i'm gonna say I read that one more time after you did all that Jesus.

215

00:36:39.450 --> 00:36:42.060

Carrington Moore: And Jesus wasn't saying he sat.

216

00:36:43.620 --> 00:36:45.930

Carrington Moore: He sat down what.

217

00:36:48.120 --> 00:36:55.860

Carrington Moore: yeah i'm not trying to be too deep, but this is what Jesus was doing as a matter of fact, we think about the imagery of what God is doing.

218

00:36:56.460 --> 00:37:02.880

Carrington Moore: God is sitting down the right hand of the father rustic and interceding for us as matter of fact.

219

00:37:03.270 --> 00:37:13.710

Carrington Moore: It says in the Bible that there's only one intersection between God and God and humanity that's the person Jesus so Jesus is interceding and Jesus is sitting down.

220

00:37:14.520 --> 00:37:22.140

Carrington Moore: At the right hand of the father, as the disciples said no Jesus, can we sit next to the father and God was like yo you didn't know.

221

00:37:22.530 --> 00:37:29.700

Carrington Moore: Before because y'all y'all can't do that because that's my privilege i'm going back to heaven, to have a seat.

222

00:37:30.480 --> 00:37:49.200

Carrington Moore: Sit down, and I know people like to say, came to you making a theological stretch I don't think I am if you think I am i'm not scared to use all good oh submit to you that God after God does all this honor God goes to heaven and he takes a seat.

223

00:37:50.730 --> 00:37:51.600

Carrington Moore: He sits down.

224

00:37:52.560 --> 00:37:58.440

JONELL JOHNSON: Because he's left us to do all the work and he's given

us the power to deal with, so he can sit down.

225

00:37:59.880 --> 00:38:05.940

Carrington Moore: Let me, let me, let me go back we're talking about the Trinity right we sit here, Joe how much is.

226

00:38:05.940 --> 00:38:13.140

Carrington Moore: This is real good, we said that God, the father in genesis is perpetually creating and also what.

227

00:38:13.620 --> 00:38:18.990

Carrington Moore: perpetually resting as a matter of fact, because we said that God is a God that doesn't change.

228

00:38:19.260 --> 00:38:29.160

Carrington Moore: Because to change what's the net that there's something that God does not know because God is all knowing god's behavior is perpetual, meaning that God is always creating.

229

00:38:29.640 --> 00:38:35.010

Carrington Moore: And the universe to testifies event because the universe is always expanding that stars are.

230

00:38:35.280 --> 00:38:45.480

Carrington Moore: are dying and being reborn again that's causing the universe and literally expand and new creation come about, we know that God is always creating, but on the seventh day.

231

00:38:45.750 --> 00:39:01.830

Carrington Moore: We said God rested which means, this is not the first time that God rested because god's behavior does not change so God is always here it is perpetually creating and perpetually wrestling So what does Jesus do he goes to heaven.

232

00:39:04.680 --> 00:39:16.590

Carrington Moore: Why because Jesus is perpetually interceding and perpetually sitting down to the right hand of the father, meaning that the character of God, the father.

233

00:39:17.190 --> 00:39:37.530

Carrington Moore: is the same as the character of Jesus and family of

God in creation and genesis is resting if Jesus in the Gospels i'm trying to prove a point to your ear and the Gospels intentionally trying to find time to rest why don't we believe or think we don't deserve.

234

00:39:38.820 --> 00:39:49.530

Carrington Moore: to rest is good scripture because y'all nine yeah hey y'all in believing it let's go down let's go to let's go to the scripture for today let's go to Luke chapter 10 let's read that real quick.

235

00:39:50.460 --> 00:40:00.930

Carrington Moore: let's go to Luke chapter Luke chapter 10 verse 30 to 42 if you fill them both you go ahead and read it, for me, so I can go ahead and mute yourself Luke chapter 10.

236

00:40:02.160 --> 00:40:02.790

Carrington Moore: verse.

237

00:40:04.500 --> 00:40:06.480

Albert Coombs: Okay i'll read from the lt.

238

00:40:06.900 --> 00:40:07.380

Carrington Moore: All right.

239

00:40:07.800 --> 00:40:19.140

Albert Coombs: As Jesus and the disciples continue on their way to Jerusalem, they came to a certain village we a woman named Martha welcome them into her home.

240

00:40:19.800 --> 00:40:46.260

Albert Coombs: Her sister Mary said at the lowest fee listening to what he taught but Martha was distracted by the big dinner, she was preparing she came to Jesus and said more doesn't it seem unfair to you that my sister just sits here, why I do all the work tell her to come and help me.

241

00:40:47.820 --> 00:41:04.620

Albert Coombs: But the Lord said to her, my dear Martha you are worried and upset over all these details, there is only one thing worth being concerned about Mary has discovered it and it will not be taken away from her.

242

00:41:05.520 --> 00:41:13.950

Carrington Moore: there's only one thing to be concerned about Bible says Mary says that Jesus said he's discovered it and nothing can take her away from it.

243

00:41:15.390 --> 00:41:15.840

Carrington Moore: family.

244

00:41:16.980 --> 00:41:24.630

Carrington Moore: Oh, we read the scripture 1000 times before, I know some of y'all might have what are these you all real quick, we got about I would give us 11 minutes.

245

00:41:25.080 --> 00:41:32.220

Carrington Moore: And we will start our way to the end, because this is, this is the good part I feel I feel real Friday, right now, I want to get too excited I want to move too quickly.

246

00:41:32.880 --> 00:41:45.240

Carrington Moore: But I want you all put in the chat, what are the observations, or what are the insights that you take from this tech got 11 minutes to do it, it will go on where you're already at home, we could go on and rest for the rest of the night.

247

00:41:46.320 --> 00:41:50.940

Carrington Moore: Is the Bible study Bible studies to submit some over this next 11 minutes, what happens in the text.

248

00:41:51.480 --> 00:42:02.880

Carrington Moore: And how do we understand this, for our last go ahead and go ahead and put in the chat going to mute yourself on a year from the real quick for the next 11 minutes and I will make my last final point and go shadow whale on off the zoom call.

249

00:42:04.110 --> 00:42:06.990

Carrington Moore: What to put in the chat what you thinking what's happening in the text.

250

00:42:17.550 --> 00:42:20.880

Carrington Moore: Mark that's working wow Mary is learning okay.

251

00:42:22.500 --> 00:42:33.330

Carrington Moore: let's go let's go deeper that's a good first points Christine that's good but let's go let's go deeper what are, what do we see it, let me ask this question is what Mary is doing is that unusual.

252

00:42:34.620 --> 00:42:40.560

Carrington Moore: let's ask that question let's let's start there let's look at the cultural context of the moment it's what Mary is doing is that unusual.

253

00:42:40.920 --> 00:42:48.150

Carrington Moore: rather be sitting at the feet of Jesus martha's doing all the work y'all y'all go ahead and mute yourself from the channel to hear from you what's going on.

254

00:42:52.350 --> 00:42:54.030

Carrington Moore: And i'm about to turn up turn up all my butt.

255

00:42:55.980 --> 00:43:04.320

JONELL JOHNSON: That that that model understood that if she had sat next to marry, in the same way that Jesus would have gone ahead on and prepare the table and just.

256

00:43:05.580 --> 00:43:11.970

JONELL JOHNSON: She went to had to worry about cooking the food because he would have just miraculously done that she didn't get that point.

257

00:43:12.930 --> 00:43:16.110

JONELL JOHNSON: She was looking at a larger picture of feeding everybody.

258

00:43:17.040 --> 00:43:28.680

JONELL JOHNSON: And i'm team she missed the the depth of worship so that'll clean my house on Saturday, because i've been fasting and reading my Bible last day it's okay.

259

00:43:31.980 --> 00:43:34.530

Carrington Moore: janelle I want to go somewhere, I want to go even

deeper.

260

00:43:35.640 --> 00:43:42.540

Carrington Moore: Was was Martha wrong or talking to Jesus about what our system mayor was doing she wrong.

261

00:43:46.980 --> 00:43:50.160

Albert Coombs: No, I don't think she was wrong I just don't think she understood.

262

00:43:50.640 --> 00:43:53.640

Albert Coombs: The dynamics that was being taken place at that time.

263

00:43:56.460 --> 00:43:57.180

Carrington Moore: All of our.

264

00:43:58.440 --> 00:43:59.910

Carrington Moore: Players Reverend talk to me.

265

00:44:00.510 --> 00:44:12.420

Albert Coombs: Well, you know i'm of you know you, you have the opportunity to learn from Jesus, and if you send out the right hand of Jesus on that to me that's that's extremely important.

266

00:44:13.620 --> 00:44:16.440

Albert Coombs: Being a Christian trying to cook a meal.

267

00:44:17.610 --> 00:44:25.650

Albert Coombs: Is a significant but it's not as significant as being around Jesus and learning from him, you know to me that's the dynamics.

268

00:44:26.310 --> 00:44:26.730

hmm.

269

00:44:29.910 --> 00:44:30.930

Carrington Moore: who's.

270

00:44:30.930 --> 00:44:37.770

Cassie Quinlan: Our, no, no, no, no, I have my sister was also actually named Mary she's no longer around, so I can talk about her.

271

00:44:38.910 --> 00:44:44.790

Cassie Quinlan: Whenever there was anything going off with the fact that, when she be talking away to everybody this this story that story to.

272

00:44:45.690 --> 00:44:52.410

Cassie Quinlan: me and tell the other people here yeah you're you're figuring out okay what's happening with setting the table, who is fixing this is fixing that.

273

00:44:52.920 --> 00:44:58.740

Cassie Quinlan: Okay yeah whatever the event was she was always distracted so to me Martha and Mary is like.

274

00:44:59.160 --> 00:45:09.360

Cassie Quinlan: You know there's a time to everything, and I know I always think that Martha that Jesus and Mary and Mary should have gotten up to help prepare dinner, and then they all would have sat down and talked for a couple of hours.

275

00:45:14.880 --> 00:45:21.720

Carrington Moore: Yes, question, who is who is more right who is more right i'm looking for a hard answer.

276

00:45:22.170 --> 00:45:23.340

Carrington Moore: You know, mother.

277

00:45:23.580 --> 00:45:27.210

Carrington Moore: Who was more right Mary or Martha.

278

00:45:30.690 --> 00:45:31.140

No.

279

00:45:35.670 --> 00:45:36.450

Cassie Quinlan: We need Martha.

280

00:45:37.980 --> 00:45:38.760

Carrington Moore: was more like.

281

00:45:40.170 --> 00:45:40.590

Carrington Moore: Oh.

282

00:45:40.740 --> 00:45:42.840

E. White: I this is this is sister Eleanor.

283

00:45:43.080 --> 00:45:43.710

E. White: Can you hear me.

284

00:45:44.130 --> 00:45:44.970

Carrington Moore: Now, yes, I can.

285

00:45:45.570 --> 00:46:00.930

E. White: I think that in this instance, Mary was more right because she knew that there was time for the feeding of the soul and it's time to rest and have the word of God feed her soul.

286

00:46:02.790 --> 00:46:08.070

Carrington Moore: hmm ELENA what you put out there all right all right anybody else.

287

00:46:08.400 --> 00:46:09.300

Who was more right.

288

00:46:16.980 --> 00:46:21.690

Cassie Quinlan: Next time Martha would sit down right beside married they could all sit there till somebody notice, they were hungry.

289

00:46:25.140 --> 00:46:26.010

Carrington Moore: I was actually.

290

00:46:28.770 --> 00:46:42.570

Ashley Porter: I was just gonna say I said in the chat that according to the scripture Mary is more right, so in my like version of the Bible, it says Mary has chosen what is better, and it will not be taken away from her.

291

00:46:47.940 --> 00:46:50.670
Ashley Porter: sitting at the feet of the Lord.

292
00:46:56.070 --> 00:46:58.170
Beverly Williams: In I don't like the right and wrong.

293
00:46:58.650 --> 00:46:59.100
No.

294
00:47:00.450 --> 00:47:00.960
Carrington Moore: Oh.

295
00:47:01.260 --> 00:47:02.640
Carrington Moore: I got to.

296
00:47:03.450 --> 00:47:04.110
Carrington Moore: see more.

297
00:47:06.690 --> 00:47:11.640
Beverly Williams: If we phrase, it was maybe who's more spiritually mature.

298
00:47:13.680 --> 00:47:15.810
Beverly Williams: Because I don't think that it was.

299
00:47:17.100 --> 00:47:23.040
Beverly Williams: Someone had to be born I just think that they had different spiritual maturity levels.

300
00:47:26.400 --> 00:47:26.820
Carrington Moore: that's good.

301
00:47:27.660 --> 00:47:28.350
Carrington Moore: To hear your.

302
00:47:29.340 --> 00:47:30.030
Natalie Rice-Harris: Brain to that.

303

00:47:30.210 --> 00:47:31.620

Natalie Rice-Harris: Can I play into that i'm.

304

00:47:31.920 --> 00:47:42.150

Natalie Rice-Harris: going to say that they have different interests or different thought process, and I do agree, you know with folks that you know are saying in the chat that you know.

305

00:47:43.800 --> 00:47:44.190

Natalie Rice-Harris: You know.

306

00:47:45.210 --> 00:48:01.650

Natalie Rice-Harris: Mary was more right but but I agree, I agree, I don't like to read around either it's just you know the interest, but you know, it was a time for spiritual food, and you know that's probably where you know, Mary toolkit and Martha was busy looking at the physical food, it has to get bricks.

307

00:48:04.080 --> 00:48:04.890

Carrington Moore: that's good that's going.

308

00:48:06.510 --> 00:48:07.980

Carrington Moore: To keep putting the chat this is good.

309

00:48:09.990 --> 00:48:14.400

Carrington Moore: To Susan go ahead and mute yourself, you want to share anything to Susan I like what you put in the chat.

310

00:48:15.480 --> 00:48:26.100

Susan Paul: I was just gonna say when I was thinking about it i'm probably thinking martha's probably thinking in terms of expectations or the cultural norms of the time, in terms of like where women's play should be.

311

00:48:27.600 --> 00:48:29.670

Carrington Moore: hmm all right.

312

00:48:30.570 --> 00:48:31.860

Carrington Moore: I guess we're good so.

313

00:48:35.130 --> 00:48:40.020

Delores Mitchell: I want to kind of piggyback on that too, because I think that i'm Martha.

314

00:48:41.880 --> 00:48:50.100

Delores Mitchell: i'm like sister Williams, so that there's no right or wrong, I mean the days and the times, I mean the women were always preparing I think Martha.

315

00:48:50.400 --> 00:49:00.090

Delores Mitchell: was looking at the important to me, was looking at the importance of the guests Jesus being there and trying to prepare for him, and she needed help to get it to do and get.

316

00:49:00.330 --> 00:49:14.370

Delores Mitchell: Things prepared, but at the same time mary's like he's here and people follow him all around the country and i'm going to take advantage of him being right here to sit and listen to him, so I think that, in their own way.

317

00:49:14.430 --> 00:49:15.390

Delores Mitchell: that there was a.

318

00:49:16.050 --> 00:49:29.220

Delores Mitchell: Respect for Jesus one saying we he's our honored guest here with us let's make sure, everything is done quickly quickly quickly and I need some help but um Anyway, thank you.

319

00:49:29.760 --> 00:49:35.190

Carrington Moore: All right, still working today text I just go over there, I just have.

320

00:49:35.940 --> 00:49:37.410

Aaron T: A few observations.

321

00:49:38.700 --> 00:49:40.920

Aaron T: That i'm looking here at verse.

322

00:49:42.060 --> 00:49:46.410

Aaron T: At verse 39 and it says that Mary was seated.

323

00:49:47.010 --> 00:49:56.940

Aaron T: In we just went back from from the verse previously where you mentioned that Jesus is seated at the right hand of God and that signified his rest.

324

00:49:57.870 --> 00:50:09.030

Aaron T: So, if you look at both of these women, you find that they're both in the presence of Jesus but Martha is not at rest and yet just in the presence of Jesus.

325

00:50:09.630 --> 00:50:19.050

Aaron T: But Mary is at rest in the presence of Jesus, and so the question is, what is the difference between the two, why is one resting.

326

00:50:19.500 --> 00:50:29.700

Aaron T: And the other isn't but they're both in the presence of Jesus, and so I think in this situation, we find that Martha being distracted it says in verse 40.

327

00:50:30.690 --> 00:50:42.900

Aaron T: distracted by you know her cultural obligations as a woman her her desire to prepare physical food for the gathering she was still.

328

00:50:43.380 --> 00:50:57.300

Aaron T: agitated she was disturbed she was not at peace, she was she was yelling at Jesus she was upset at Martha and they're both in the presence of Jesus, and so the difference that I see is that Mary understood.

329

00:50:58.410 --> 00:50:58.890

Aaron T: That.

330

00:50:59.910 --> 00:51:19.680

Aaron T: There is a work that gives you rest and that work is to be committed and to be devoted to the word of God, and in that sense, she found rest in the presence of Jesus through the word and Martha who was an apprentice.

331

00:51:20.520 --> 00:51:31.740

Aaron T: out the word was agitated and disturbed and lacking in in the rest that we're trying to talk about tonight, so that was just my observations.

332

00:51:32.550 --> 00:51:33.270

Carrington Moore: I think the.

333

00:51:33.360 --> 00:51:42.330

Angelene Thompson: Question posits like this binary that vilifies Martha in a way that I don't feel necessarily comfortable well.

334

00:51:44.100 --> 00:52:00.810

Angelene Thompson: it's I mean we gotta have martha's in the world sure was her work like out of balance, I totally agree with that, but I don't want the message to be that you know I just feel like there's a pile on martha's and I really do believe.

335

00:52:02.280 --> 00:52:12.750

Angelene Thompson: She succumbed to the expectations of their guests their people who are going to be in your home and she's doing all the work to prepare for them.

336

00:52:13.320 --> 00:52:21.570

Angelene Thompson: Jesus being one of them, yes, and I think we're all guilty of that the idea here is that we're supposed to take the message from that, but I also think.

337

00:52:21.840 --> 00:52:34.560

Angelene Thompson: As you've been pointing out there needs to be a gentle balance here her balance was perhaps out of whack but it's work and rest it's not one or the other, and I feel like we're privileged in one over the other.

338

00:52:35.130 --> 00:52:43.260

Carrington Moore: All right, all right y'all are heavy today on zoom i'm not preaching that, for your preaching the text form i'm going to even say much.

339

00:52:43.800 --> 00:52:51.720

Carrington Moore: Because to Aaron I mean sister sister Angelica that's a great point brother Aaron anybody who's going to mute yourself and i'm gonna drive the point I want to make on home.

340

00:52:52.020 --> 00:53:03.000

Carrington Moore: sister Linda resident scholars on the line go ahead and mute yourself Linda who want to hear from you is your hand raised anybody else you can get about three more minutes, and then we go i'm ready to shop so go ahead and unmute yourself.

341

00:53:03.000 --> 00:53:03.600

USA.

342

00:53:04.680 --> 00:53:11.340

Linda Mells: When I was reading it it's almost as if you know the we're supposed to listen to God.

343

00:53:12.420 --> 00:53:18.480

Linda Mells: And Mary was resting at his feet so she was able to listen to God and get.

344

00:53:19.770 --> 00:53:31.470

Linda Mells: What he wanted her what he wanted her to get whereas Mary was bit a Martha was busy it's like us don't do me a day we're so busy that we don't take the time.

345

00:53:32.520 --> 00:53:44.370

Linda Mells: To hear from God, and that was what I I saw this that business and her, she was so busy that she just couldn't hear she couldn't hear and.

346

00:53:45.270 --> 00:53:54.690

Linda Mells: understand what she was supposed to be doing or what she could have done that was better, for instance with me, I have to be really quiet well.

347

00:53:55.080 --> 00:54:09.870

Linda Mells: I have to be asleep really for God to speak to me for me to hear what God has to say to me and I equate that with being being the mary's the Marcus of the world, whereas the mary's were the ones who were able to.

348

00:54:12.600 --> 00:54:18.390

Linda Mells: To just go on and and and and and listen to them just

listen to God.

349

00:54:20.280 --> 00:54:28.620

Linda Mells: You know that was a part of what I saw with that and I guess that was supposed to that was the better, but i'm like everybody else.

350

00:54:29.280 --> 00:54:47.820

Linda Mells: um I also always thought when I read this scripture that Mary should have helped her prepare get everything in place and then bolshie Mr would have been able to sit at at jesus's feet and listen to the word that was being spoken.

351

00:54:48.810 --> 00:54:50.340

Linda Mells: i'm taking the time.

352

00:54:51.210 --> 00:54:59.250

Carrington Moore: All right, all right you're going in that's good that's good so George go ahead and I see your hand raised as well Joyce you go ahead and mute yourself, you go, we hear from you.

353

00:54:59.760 --> 00:55:02.700

Joyce Marshall: I think I think Karen was before me, though.

354

00:55:03.090 --> 00:55:04.920

Carrington Moore: Oh, this is a couple Thomas.

355

00:55:05.250 --> 00:55:06.150

Joyce Marshall: Harris McMillan.

356

00:55:07.980 --> 00:55:11.850

Carrington Moore: Okay, so we'll go to Carol that's the choice to babble outside is your hand raised.

357

00:55:12.240 --> 00:55:12.900

Carrington Moore: My apologies.

358

00:55:12.990 --> 00:55:31.170

Carol McMillan-Barnes: No problem, no problem um the, the only thing i'm questioning is if Martha was Okay, with what she was doing, why

was she so worried about what Mary was doing no.

359

00:55:34.800 --> 00:55:35.340

Carrington Moore: business.

360

00:55:40.290 --> 00:55:48.870

Carol McMillan-Barnes: is doing all it is she was doing her work that her go ahead and do it, but why is she so worried about what somebody else is doing.

361

00:55:49.500 --> 00:55:50.520

Beverly Williams: hey I.

362

00:55:50.790 --> 00:55:51.810

Carol McMillan-Barnes: have a problem with that.

363

00:55:52.140 --> 00:55:53.880

Carrington Moore: whoo i'm about to go.

364

00:55:54.240 --> 00:55:56.130

Carrington Moore: hey, this is a good words to.

365

00:55:56.130 --> 00:55:58.470

Carrington Moore: kill some great question so go ahead.

366

00:55:59.070 --> 00:56:02.070

Beverly Williams: I was gonna say the same thing, she was in that best.

367

00:56:03.120 --> 00:56:08.760

Beverly Williams: New master see wondering what's going on in the kitchen she could find out what was going on and kicked and she wasn't that wraps.

368

00:56:09.330 --> 00:56:12.090

Carrington Moore: hmm that's good so Joyce is go to your real quick.

369

00:56:12.630 --> 00:56:24.240

Joyce Marshall: And I just was gonna say I see it like i've always

thought of myself as a Martha but you know I having been a nurse, I mean you, you work when you have to work.

370

00:56:24.630 --> 00:56:37.680

Joyce Marshall: And if people call in sick on your shift you stay, you have to stay and work you can't say no, I need to go rest now you have to you just have to stay and that's the mindset.

371

00:56:38.490 --> 00:56:48.000

Joyce Marshall: That nurses generally have so to me it's I feel like it's the same that sometimes, some people have to sacrifice.

372

00:56:48.720 --> 00:56:58.260

Joyce Marshall: Their time so that other people get the services that they need and Mars, I feel like once it gets a bad rap because people had to eat so somebody.

373

00:56:58.800 --> 00:57:12.000

Joyce Marshall: had to make the food she couldn't just say I really want to hear Jesus i'm just going to sit here and listen to Jesus and the foods, not being done everybody would have been upset at her for that, so I feel like maybe hurt maybe her.

374

00:57:13.110 --> 00:57:24.030

Joyce Marshall: What I would say about her is that she was angry that she had to do that, that she didn't like if she had just said, well you know I love Jesus, but I know the food's got to be done.

375

00:57:25.080 --> 00:57:30.960

Joyce Marshall: And just went ahead and did it and didn't complain about it, we wouldn't be reading about it, so I guess.

376

00:57:32.280 --> 00:57:32.820

Joyce Marshall: that's good.

377

00:57:32.940 --> 00:57:38.640

Carrington Moore: Well let's take two more I mean you got both 15 seconds over the Albert and sister cassie and we're going to go home.

378

00:57:38.850 --> 00:57:49.710

Albert Coombs: your mother was this irritated because he wasn't

getting help from Mary I take of Mary ship them and gave us some assistance on then she will been to London.

379

00:57:50.280 --> 00:58:00.240

Albert Coombs: irritated as she was but I guess it was seen Mary to sit by Jesus and her of this in the kitchen doing all the work they have very upset and angry.

380

00:58:01.590 --> 00:58:04.980

Carrington Moore: Yes, good was to cassie scuba divers let's hear from us to castle.

381

00:58:06.930 --> 00:58:13.410

Cassie Quinlan: yeah well just on on that the thing that I just like is this to different people, one of them is the worker and the other ones, the waiter.

382

00:58:13.920 --> 00:58:29.280

Cassie Quinlan: You know and or the sitter and the restaurant and I just think that we all need both and it's too bad to have to have this one pitted against the other in person pitted against the other one they both could have been I know doing both and that could have been the message that way.

383

00:58:31.710 --> 00:58:34.230

Aaron T: I just have a quick question Reverend Carrington.

384

00:58:34.560 --> 00:58:35.100

Carrington Moore: Yes, sir.

385

00:58:36.060 --> 00:58:39.060

Aaron T: Why why didn't Jesus reprimand.

386

00:58:40.260 --> 00:58:42.990

Aaron T: Mary for not helping Martha.

387

00:58:43.860 --> 00:58:44.490

Carrington Moore: mm hmm.

388

00:58:44.760 --> 00:58:53.220

Aaron T: I mean if if if Jesus is his understanding and all knowing why, if there was something that Mary was doing that was.

389

00:58:54.300 --> 00:59:06.870

Aaron T: Putting mark in a bad position, why was magic marker the one who was reprimanded at the end that's that's my because everybody's saying that you know Martha was.

390

00:59:07.530 --> 00:59:20.880

Aaron T: irritated that Mary was resting and that the work has to be done and the service had to be provided at all that's true but i'm curious to know what was Jesus his perspective, you know this.

391

00:59:23.730 --> 00:59:27.390

Carol McMillan-Barnes: By in my Bible, it does say that.

392

00:59:28.800 --> 00:59:46.860

Carol McMillan-Barnes: But the Lord said to her, my dear Martha you are so upset over all these details, there is really only one thing we're being concerned about Mary has discovered it and I won't take it away from her.

393

00:59:50.940 --> 00:59:51.180

Carol McMillan-Barnes: Yes.

394

00:59:51.960 --> 00:59:59.250

Carrington Moore: i'm ready with my my tech say let's go to Carol the Bible said Martha was distracted by her many times.

395

01:00:00.120 --> 01:00:12.840

Carrington Moore: You came to Jesus, as Lord, do you not care that my sister has left me to do all the work by myself, all the work by myself tell her to been to help me.

396

01:00:13.800 --> 01:00:24.780

Carrington Moore: The Lord answered her Martha Martha you are worried and distracted by many things there was need have only one thing Mary has chosen the better part which will be taken away.

397

01:00:25.800 --> 01:00:31.680

Carrington Moore: from her swear to God when people got thanks be to

God badly.

398

01:00:32.130 --> 01:00:34.170

Bridget Canada: As to Karen and can I say one thing and.

399

01:00:35.370 --> 01:00:37.050

Bridget Canada: This is Bridget this is Bridget sorry.

400

01:00:37.080 --> 01:00:54.030

Bridget Canada: What I guess when I was thinking about this when we look at Martha and Mary you know Jesus said man shall not live by bread alone, and so I look at it from the point of view that martha's more concerned about food than the bread work, the word.

401

01:00:54.510 --> 01:00:57.360

Bridget Canada: And so I think that's what I see is the differences that.

402

01:00:58.260 --> 01:01:03.960

Bridget Canada: Yes, she you have to have Marcus but also marketers have to understand what's the priority.

403

01:01:04.680 --> 01:01:05.880

Bridget Canada: Because it's not the bread.

404

01:01:05.910 --> 01:01:09.060

Bridget Canada: that's The priority is the word of God that's the priority.

405

01:01:09.660 --> 01:01:10.650

Bridget Canada: that's how I look at it.

406

01:01:11.730 --> 01:01:13.080

Carrington Moore: that's a good word family.

407

01:01:13.770 --> 01:01:14.550

Bridget Canada: y'all are.

408

01:01:15.030 --> 01:01:26.700

Carrington Moore: Some some phenomenal theologians and you're asking some critical questions about the culture in the text, I want to submit to you real quick family according to the culture marissa was wrong.

409

01:01:28.170 --> 01:01:35.820

Carrington Moore: Martha whoa she she had every right to say Jesus put Mary back in her place.

410

01:01:36.180 --> 01:01:43.830

Carrington Moore: It was a privilege and honor to have not just the rabbi but the rabbinate the teachers teacher, not the fact Jesus was their bodies' the teachers.

411

01:01:44.040 --> 01:01:57.270

Carrington Moore: Teachers teacher, he was he was the steph Curry was the Michael Jordan, the rabbi's he was coming to that house of Mary and Martha and Lazarus so Mary did.

412

01:01:58.290 --> 01:01:59.580

Carrington Moore: What her culture.

413

01:01:59.970 --> 01:02:11.580

Carrington Moore: prescribed for her to do, which is to work and to serve but Mary does not do that Martha did what she was supposed to do.

414

01:02:12.270 --> 01:02:23.250

Carrington Moore: But then Mary broke the cultural custom and there's something different, but in fact Jesus is coming, and he was coming to have a conversation with his disciples.

415

01:02:23.760 --> 01:02:29.670

Carrington Moore: And it was custom because here's the thing women at that time, some women learn Torah.

416

01:02:30.030 --> 01:02:40.410

Carrington Moore: But for the most part they might have heard Torah on the outskirts of conversations, but they were never directly involved in the conversation, and in the teaching.

417

01:02:40.830 --> 01:02:58.560

Carrington Moore: right as a matter of fact, to sit up the field, the law was only here it is here, it is actually it is natalie here this rejoice to sit at the feet of a rabbi was only reserved for who are the people so miss it so that only.

418

01:02:59.820 --> 01:03:08.550

Carrington Moore: Does Mary interrupt the custom kitten this common just sit on the sidelines, and so let me, let me he's dropped on what they say.

419

01:03:08.850 --> 01:03:20.970

Carrington Moore: that's not what she does she's either sit in the chair and said, let me just kind of hang out and just just listen I didn't add the column, let me just listen she goes even deeper she sits at the feet.

420

01:03:21.570 --> 01:03:32.460

Carrington Moore: of Jesus she's not Bartholomew she's not painting she's not one of the disciples but she makes herself like a disciple because here's here's a selling point.

421

01:03:33.480 --> 01:03:47.310

Carrington Moore: There are some places that arrest continue that work can't i'm gonna sell one more time there's some places that risk rest can take you that work can't hear this family.

422

01:03:47.970 --> 01:03:58.590

Carrington Moore: When we work, no matter what our job is we are adding production to the culture to our families, we are working in a way that is within the image of God.

423

01:03:59.280 --> 01:04:10.140

Carrington Moore: Right and that's good and that's great, but all we do is not just to work we work to serve God and to serve creation here, it is the starting point.

424

01:04:10.350 --> 01:04:13.650

Carrington Moore: But we rest here is we rest.

425

01:04:13.770 --> 01:04:29.430

Carrington Moore: So we can worship yeah I missed it, let me say it

one more time we work to be like God to add to community and to culture into creation we're called to produce like God has produced for us but here's the thing.

426

01:04:30.060 --> 01:04:37.980

Carrington Moore: When we rest were able to get to worship, with no mistake again Martha is concerned.

427

01:04:39.090 --> 01:04:42.360

Carrington Moore: about doing what is prescribed to her.

428

01:04:43.290 --> 01:04:58.140

Carrington Moore: But but nursery is rather coop to believe that there's something deeper about this Jesus rabbi then i've got to know so she asserts herself in a radical way and here's the thing here's the thing some of those are like Martha.

429

01:04:58.590 --> 01:05:08.490

Carrington Moore: And i'm not i'm not hating on Martha anybody, but some of us have a response, a knee jerk reaction like Martha because what are you doing get it out of place.

430

01:05:09.270 --> 01:05:20.190

Carrington Moore: huh hey i'ma say i'ma go deep on that for me to to put a constantly right right that's a metaphor kind of constantly but sometimes our worship.

431

01:05:20.760 --> 01:05:26.850

Carrington Moore: is so radical that it gets us out of place than what people are used to seeing us do.

432

01:05:27.720 --> 01:05:48.420

Carrington Moore: Sometimes, when you are so concerned about worship, you are called to do things that you haven't done before, and so so so Mary recognizes this is her opportunity to have intimacy with God, and so what is here this she mimics what God is doing.

433

01:05:49.740 --> 01:06:02.430

Carrington Moore: Because God is sitting down in the resting she decides to sit at the feet of Jesus to learn from the rabbi, and this is where the intimacy between Mary.

434

01:06:02.970 --> 01:06:16.800

Carrington Moore: And Jesus happens, but here's the thing here's the thing Martha is also blessed Martha is not scoring she's also blessed because God reveals to her what is here, it is the better thing.

435

01:06:17.520 --> 01:06:31.890

Carrington Moore: But sometimes it is sometimes working is good, but sometimes rest here, this is the better thing y'all missed it here, it is sometimes working is indeed good.

436

01:06:32.820 --> 01:06:43.620

Carrington Moore: But some times, rest is the better thing why because your rest can take you to a place of worship that should work can't whoo.

437

01:06:44.370 --> 01:06:57.450

Carrington Moore: I love preaching and teaching that's all great, but you know what you know our fishing so well, I think I didn't take it to Chris i'll come to Boston but you know i'm not preaching and teaching comes from.

438

01:06:57.570 --> 01:07:02.310

Carrington Moore: It comes from rest I dont preach and teach all the time i'm not running around all the time.

439

01:07:02.460 --> 01:07:15.330

Carrington Moore: But every now and again during the day at night when I wake up in the morning, I have time to rest and that's where my worship is able to come alive now I say rest of the talking about just taking a nap.

440

01:07:16.050 --> 01:07:24.000

Carrington Moore: i'm not just talking about doing nothing and binge eating me talking about what i'm talking about rest i'm talking about doing those things that bring you joy.

441

01:07:24.390 --> 01:07:39.240

Carrington Moore: Doing those things that bring calm and meditation and relaxation to you doing the things that Jesus was trying to do in the text Jesus is here, it is Jesus invites Jesus said to the House, so he can what he can rest.

442

01:07:40.260 --> 01:07:59.700

Carrington Moore: So sometimes family we miss a sight of God and we missed the better thing because we're concerned about production and doing what is prescribed of us, but some times every now and again, the better thing is to rest, as a matter of fact, in john chapter 11.

443

01:08:00.870 --> 01:08:10.350

Carrington Moore: Around verse 40 here, it is, I will make this points might be a stretch for you sometimes here, it is sometimes your rest.

444

01:08:11.130 --> 01:08:23.970

Carrington Moore: can pay off here, it is in place, you into deeper intimacy with God go to john chapter 11 around verse 40 you find that that Jesus in the beginning.

445

01:08:24.270 --> 01:08:33.210

Carrington Moore: He has been able to spend time with them in their household but then in john chapter 11 around verse 40 it's a story of that are brother Lazarus has died.

446

01:08:33.840 --> 01:08:43.050

Carrington Moore: And because Jesus wait a little while to come there for the time that Jesus gives back to bethany Lazarus is already died he had been the tomb for over three days.

447

01:08:44.190 --> 01:08:57.720

Carrington Moore: And what happens they come to God both of them Mary and Martha and they make a claim here, this will bless you real quick then make a claim about God wants to clean and say God had you been here.

448

01:08:59.010 --> 01:09:11.280

Carrington Moore: As you've been here God my brother would not have died, and I want to submit to you this might be a strict bless you real quick, the claim about who God is it only comes because they have intimacy with God.

449

01:09:11.910 --> 01:09:28.680

Carrington Moore: and your intimacy with God doesn't always come from working, but it comes from resting oftentimes you're able to name the power to glory and the direction of God, when you rest with God that's all I got.

450

01:09:29.820 --> 01:09:31.380

Carrington Moore: Family all work.

451

01:09:32.580 --> 01:09:48.180

Carrington Moore: And no play here, it is i'm a revise the title the title was all work and no play will keep rust away and here's the real title all work and no play here, it is will keep worship away.

452

01:09:49.470 --> 01:10:01.560

Carrington Moore: We find God we find our worship, we find out who God is we find out what the better thing for our life is when we.

453

01:10:03.000 --> 01:10:03.510

rest.

454

01:10:05.100 --> 01:10:14.670

Carrington Moore: We find it in genesis the Jesus that God, the father, a father, mother God is perpetually resting and perpetually creating.

455

01:10:15.300 --> 01:10:38.250

Carrington Moore: And then the Gospels just looked at like five or six different scriptures Jesus is intentionally attempting to rest and not only that he invites not normally take the human body, the body Mary invites herself into discipleship here, it is the rest not do work, but through.

456

01:10:39.390 --> 01:10:50.190

Carrington Moore: All yeahy'all Mr whoo I just got another this what time is 891 woman, I just got another shop in me doing this fan when did I just got to show this to me, sometimes.

457

01:10:50.640 --> 01:10:54.390

Carrington Moore: We want to use our work to get us to worship, as a matter of fact.

458

01:10:54.780 --> 01:11:05.940

Carrington Moore: We first come to God, sometimes we do all you want to become usher's and creatures and teach Sunday school and cook chicken dinners and all that kind of stuff we won't matter of fact,

sometimes the saints.

459

01:11:06.150 --> 01:11:10.590

Carrington Moore: The first to get invited to church, he has to be careful because you get invited on week one.

460

01:11:10.950 --> 01:11:21.030

Carrington Moore: week to you on the US to bore you run into Dickens meaning you're doing everything, because we believe that things are part of the church family first your call to work.

461

01:11:21.960 --> 01:11:30.420

Carrington Moore: But sometimes when you first come to a church when you first get invited to the Gospel your call probably first to Russia.

462

01:11:31.620 --> 01:11:32.130

and

463

01:11:33.390 --> 01:11:46.650

Carrington Moore: The rest is the word of God for the people, God thanks been god's eight so 819 family I pray in this week, as we journal together about how you've been able to rest for the week.

464

01:11:48.090 --> 01:12:01.410

Carrington Moore: This is my challenge to you my challenge to you i'm gonna turn it over the pasture raised them on the line we see that the right pathway still here i'm kind of a pastor right here, this time, when you're just Bam I want to challenge, you know that you have going on.

465

01:12:02.550 --> 01:12:03.660

Carrington Moore: And all that you're doing.

466

01:12:04.740 --> 01:12:14.400

Carrington Moore: If you only spend i'm not hating on you man i'm not making any machine if you only spend 30 times resting for worship.

467

01:12:15.390 --> 01:12:24.240

Carrington Moore: Within 3030 minutes, the sale week prank you only spend 30 minutes, maybe doing something that you love to do you only

spend 30 minutes taking a walk with me.

468

01:12:24.870 --> 01:12:32.700

Carrington Moore: Here it is on a blessing challenging to double up on your worship, you only spend 30 minutes praying for 30 minutes, taking the walk being with nature.

469

01:12:32.940 --> 01:12:39.150

Carrington Moore: But 30 minutes hanging out with your birthday anything that gives you joy i'm gonna call you to double that in this week.

470

01:12:39.930 --> 01:12:46.440

Carrington Moore: The 30 minutes turn it to 60 minutes because hour to two hours two hours before and I want you to write that down.

471

01:12:46.950 --> 01:12:57.180

Carrington Moore: I want you to start once you don't share with us next week, but I want you to keep track on how your s is elevating you and to worship family.

472

01:12:58.050 --> 01:13:13.200

Carrington Moore: When we don't rest i'm i'm i'm be as bold, to say there's a part of God we we cannot access we don't rest this only certain perspectives of God that they will come to work.

473

01:13:14.100 --> 01:13:28.050

Carrington Moore: They come through rest Jesus we get to heaven, what does Jesus do he's a sat down somewhere, as sometimes family my grandmother would say in her lifetime sometimes you go somewhere you just sat out have a seat.

474

01:13:29.130 --> 01:13:37.170

Carrington Moore: and arrest there's the word off with people to God thanks be to God let's turn over to pass away for the last word and then we'll jump into prayer request.

475

01:13:41.430 --> 01:13:45.000

Ray Hammond: it's great to see everybody and God bless you just.

476

01:13:46.800 --> 01:13:52.890

Ray Hammond: thankful for this time for us to really think about this issue of rest and Sabbath it's a big.

477

01:13:54.300 --> 01:13:58.110

Ray Hammond: discussion in a lot of different areas and fields.

478

01:13:59.280 --> 01:14:10.140

Ray Hammond: outside of the religious as we're really appreciating just how important rest is to good health, after so many years of people basically.

479

01:14:10.590 --> 01:14:17.220

Ray Hammond: And I understand that, because I was one of those people who hated to sleep it felt to me like sleep was wasted time.

480

01:14:17.820 --> 01:14:32.040

Ray Hammond: So I wanted to get as little as possible and really just keep doing and we've come to appreciate that you pay a cost, and stress repair cost in immune function people who don't get adequate sleep.

481

01:14:33.150 --> 01:14:51.210

Ray Hammond: are more prone to any number of things, including in some cases of the thinking is perhaps even their cancer surveillance and other things, so we know that rest in terms of our physical and mental health is really, really important.

482

01:14:51.750 --> 01:14:52.680

Ray Hammond: And most.

483

01:14:52.770 --> 01:15:04.410

Ray Hammond: People don't get adequate rest that's a major factor and I help, and I just want to add to that the notion to have rest and retreat.

484

01:15:06.180 --> 01:15:16.230

Ray Hammond: We have to pull back for a season several days, maybe you can't take 40 like Jesus in the wilderness, but you can at least take a week.

485

01:15:17.340 --> 01:15:22.290

Ray Hammond: Very it too, if you can work it out, you have to pull away.

486

01:15:23.550 --> 01:15:33.270

Ray Hammond: and have time and an opportunity to really ask what's going on to be restored to remember that.

487

01:15:34.140 --> 01:15:45.240

Ray Hammond: We were not made for work, work is one of the things we're privileged to do but that's not really what our primary purpose in life is so.

488

01:15:45.960 --> 01:15:52.800

Ray Hammond: learning how to how to live in that place of rest and retreat, I think, is critical and last thing I will I would share as.

489

01:15:53.430 --> 01:16:03.840

Ray Hammond: The mighty Mary and Martha story which is fascinating I mean in all the ways that you sort of examine it I think it's a really cautionary tale to us as a kind of parable.

490

01:16:04.350 --> 01:16:22.050

Ray Hammond: about life in the Church, that we can get so caught up in the work of the church that we miss the opportunity to do what our life in Christ and life in the body is all about, and that is being in the presence of Jesus.

491

01:16:23.460 --> 01:16:36.960

Ray Hammond: And so again that work is critical that work is needed, but we want to make sure that it doesn't take priority over or actually become a stumbling block.

492

01:16:37.920 --> 01:16:54.330

Ray Hammond: What matters most and that's really being in relationship and in the presence of Jesus so God bless you thanks so much it's been a wonderful studying so appreciate all the comments everyone's made tonight insight God bless.

493

01:16:55.980 --> 01:17:05.100

Carrington Moore: amen amen Thank you so much pastor Ray for your words were putting in the chat you were saying guess rest and retreat.

494

01:17:05.730 --> 01:17:14.010

Carrington Moore: Next week, family, we will be looking at sabotaging the Sabbath ribbon jump deeper into those three points about how we rest in our faith.

495

01:17:14.550 --> 01:17:24.720

Carrington Moore: How do we rest and family and how do we rest in friendship, one of the things that are brought up at the beginning of the Bible study I talked about this idea of blue zones.

496

01:17:25.230 --> 01:17:31.860

Carrington Moore: As a space where we find this remarkable space where persons are able and extraordinary way.

497

01:17:32.160 --> 01:17:40.230

Carrington Moore: Above and beyond other cultures throughout the world, that certain places they're able to live a lot longer than others, and some of his car the part of the diet.

498

01:17:40.860 --> 01:17:56.700

Carrington Moore: Some of this part of how they found purpose, the other part, is how they find friendship, how they understand their faith I don't understand the call line and their ability to rest as pastor Ray said it password is literally a physician.

499

01:17:59.070 --> 01:18:04.530

Carrington Moore: he's literally telling you like he's studying this literally if you want to be healed.

500

01:18:05.670 --> 01:18:12.960

Carrington Moore: growing up the doctor always just say it was so hard I play sports I sprained my ankle and basketball the doctor say put some ice on it.

501

01:18:13.710 --> 01:18:18.570

Carrington Moore: And rest, it was like like no because we're miss practice, and you can miss a game.

502

01:18:18.960 --> 01:18:29.670

Carrington Moore: But I learned that alone, sometimes the hard way that when you allow yourself to rest and be fully heal some top team

to come back even stronger and better, but when you come back a little too early.

503

01:18:30.210 --> 01:18:50.250

Carrington Moore: We don't wrestle long enough to come back and you still live in still struggling and you're still not healed the same way, spiritually we can be the same way we're doing so much work that we are spraying our souls literally our souls cannot heal because we're always trying to work.

504

01:18:51.840 --> 01:19:03.840

Carrington Moore: With the words of George Murray, the prescription is rest going to put your your prayer requests in the chat we're going to pray real quick i'm gonna close out in prayer.

505

01:19:04.350 --> 01:19:10.830

Carrington Moore: going to pitch a prayer request in the chat and have any personal prayers are things we should be thinking about going to put in the chat.

506

01:19:11.220 --> 01:19:19.050

Carrington Moore: We love to hear from you family quick announcement next tomorrow at 7pm on Facebook and on YouTube will be a Bethel uplift if you.

507

01:19:19.800 --> 01:19:29.430

Carrington Moore: are joining the Bible studies and you are looking to hear a word from God family every week at 7pm you can hear a quick excerpt.

508

01:19:29.820 --> 01:19:33.870

Carrington Moore: Of the Bible study and we're talking about restaurants, if you didn't get it all day.

509

01:19:34.410 --> 01:19:47.400

Carrington Moore: check us out on Facebook on YouTube go to share with your friend and you will hear about rest tomorrow and then also our church resurrection Sunday is coming we're looking for some actors Now you can get to be denzel don't worry.

510

01:19:47.970 --> 01:19:55.890

Carrington Moore: You don't got to be Angela bassett it's all good you

don't get it, you know you don't get to learn a lot of lines you just need to show literally this look pretty like you're already do.

511

01:19:56.190 --> 01:20:05.070

Carrington Moore: put on some clothes and meet us for resurrection Sunday all takes us for you to show for two rehearsals we're looking for some persons who could be towns people.

512

01:20:05.790 --> 01:20:18.240

Carrington Moore: For Easter cantata we're looking for you to be interested you want to shine bright like a superstar that you are on resurrection Sunday will sign rather than Jesus, but you still will sign on resurrection Sunday.

513

01:20:18.510 --> 01:20:34.890

Carrington Moore: You go ahead and you can email me or you can email, you can email media at buffalo boston.org and just let them know that you're interested and will reach out to you, so you can be a part of our Easter cantata all right, there are no prayer requests I see some common.

514

01:20:36.450 --> 01:20:39.390

Carrington Moore: Alright alright, the bridge of this good.

515

01:20:40.980 --> 01:20:47.700

Carrington Moore: Alright man Thank you so Bridget pram for kyle I believe was at Hampton.

516

01:20:49.350 --> 01:20:53.340

Carrington Moore: Australia praying for a new job praying for peace over our hustle a menace good.

517

01:20:55.620 --> 01:21:03.900

Carrington Moore: Alright, so natalie yes we're praying for that alright alright family your way, please assume a posture of prayer.

518

01:21:04.590 --> 01:21:13.770

Carrington Moore: must say a quick one minute prayer over our lives, please assume your posture of prayer wherever you're at take about 30 seconds, just to be hold tight.

519

01:21:14.340 --> 01:21:22.860

Carrington Moore: i'm pray for us god of heaven and earth we thank you for this day, we thank you for the opportunity God the opportunity God to rest.

520

01:21:23.670 --> 01:21:37.230

Carrington Moore: God, you have called us to us just like you rested in the Book of Genesis just like you intentionally desired to find wrestler data as you were here with us one earth board guide and even with you get back to heaven God.

521

01:21:37.800 --> 01:21:46.080

Carrington Moore: And the Old Testament and the Hebrew Bible he wrestled seven day and Jesus when you were done doing your earthly ministry here, you went to heaven and you went.

522

01:21:47.010 --> 01:22:01.170

Carrington Moore: And you sat down and God this moment we pray that we can do that we've been working hard God often working and we're underpaid and overqualified and under appreciated but God help us in the season.

523

01:22:02.040 --> 01:22:12.000

Carrington Moore: To just sit down and to rest God, we thank you for kyle and his ability to find an internship or guy you're working it out, Lord God, even now, or God, we thank you for your Chi.

524

01:22:12.360 --> 01:22:18.330

Carrington Moore: And we'll get all the ways that you're going to work in his lap look, I would thank you, Lord God for for for Thank you Lord God.

525

01:22:18.870 --> 01:22:23.010

Carrington Moore: For brother James and his son will God and getting Council and.

526

01:22:23.340 --> 01:22:30.570

Carrington Moore: making life choices down, thank you, Lord God, for all that you're doing in our life God more than lot of God, we thank you that you are.

527

01:22:30.810 --> 01:22:40.530

Carrington Moore: living in dwelling inside of US God, but the gift of your Holy Spirit Lord God that same spirit that raised Jesus from the dead is the same spirit, got that lives in us and so God, we thank you.

528

01:22:41.280 --> 01:22:48.060

Carrington Moore: That you live in us that your blessing us you're walking about and all behalf it God, we thank you, Lord God, because you live in this that we are divine.

529

01:22:48.690 --> 01:23:02.400

Carrington Moore: Because we are divine we have made in your image, so that means that we wield the power of God and I live we're able to transform culture we're able to transfer my family's it cannot communities, but more than that Lord God we deserve.

530

01:23:02.970 --> 01:23:20.310

Carrington Moore: to rest we're not just called the rest we deserve to rest we thank you, Lord God for us as happening, and in this lenten season be with us, and all that we do and say thank you for healing and for resurrection and for restoration, as we pray in Jesus name amen.

531

01:23:21.750 --> 01:23:22.950

Beverly Williams: hey walk.

532

01:23:23.040 --> 01:23:25.860

Carrington Moore: will see you next week we'll see you Sunday.

533

01:23:27.420 --> 01:23:29.070

Carrington Moore: At one person.

534

01:23:29.490 --> 01:23:30.900

JONELL JOHNSON: Thank you RON Carrington.

535

01:23:31.350 --> 01:23:32.100

Carrington Moore: Thank you all.

536

01:23:32.760 --> 01:23:35.370

Carole Copeland Thomas: at once, everybody take care we'll see you next week.

537

01:23:35.940 --> 01:23:36.540

JONELL JOHNSON: Thank you so.

538

01:23:39.630 --> 01:23:39.840

Carole Copeland Thomas: Much.

539

01:23:43.980 --> 01:23:45.000

Am service on Sunday.

540

01:23:46.440 --> 01:23:49.110

Carrington Moore: service level on Monday i'm in the morning.

541

01:23:49.770 --> 01:23:50.190

JONELL JOHNSON: person.

542

01:23:50.610 --> 01:23:50.910

uh huh.

543

01:23:54.420 --> 01:23:56.730

Hannah Brooks: Yes, 9am at this church.

544

01:23:57.150 --> 01:24:00.330

Carole Copeland Thomas: Yes, sure live services at 9am on.

545

01:24:00.330 --> 01:24:04.050

Hannah Brooks: Sunday Okay, God willing i'll be there.

546

01:24:05.340 --> 01:24:06.210

Carole Copeland Thomas: All right.

547

01:24:06.510 --> 01:24:07.830

Carrington Moore: Okay, God wasn't everybody.

548

01:24:08.130 --> 01:24:08.730

Hannah Brooks: Take care.