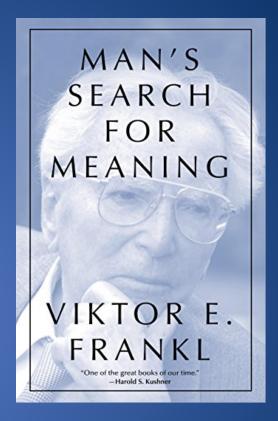
Viktor Frankl (1905-1997)

- Prisoner in the Nazi concentration camps at Auschwitz and Dachau (1942-1945)
- Parents, brother, wife, and children died in the camps
- <u>Logotherapy</u> existential approach to psychological practice
- Rejects the deterministic view of human nature (not fatalistic)

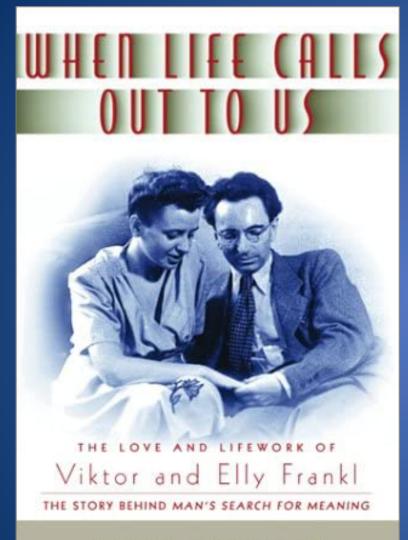




"Being human means being conscious and being responsible."



"We who lived in concentration camps can remember the men who walked through the huts comforting others, giving away their last piece of bread. They may have been few in number, but they offer sufficient proof that everything can be taken from a man but one thing: the last of human freedoms—to choose one's attitude in any given set of circumstances, to choose one's own way."



"We had to teach the despairing men that it did not really matter what we expected from life, but rather what life expected from us."

HADDON KLINGBERG, JR.

The more one forgets himself by giving himself to a cause to serve or another person to love—the more human he is and the more he actualizes himself. Self-actualization is possible only as a side-effect of self-transcendence.

Viktor Frankl