WEBVTT

1 00:00:05.250 --> 00:00:05.879 Carrington Moore: Call. 2 00:00:06.270 --> 00:00:11.940 Carrington Moore: And so we have a really good Bible study that's we're talking about the importance of fasting. 3 00:00:12.269 --> 00:00:21.000 Carrington Moore: And prayer as we've been thinking about what it means to live a life of consecration particularly we've been led by a river Sabrina as we've been in a in a in a. 4 00:00:21.780 --> 00:00:36.960 Carrington Moore: Beginning bringing in the new year we've been in the space of concentration in prayer and fasting so we talked a little bit about what that means, through the lens of how Jesus interacts with his disciples and this verse of scripture within mark and so. 5 00:00:37.710 --> 00:00:38.760 Before we start that list of. 6 00:00:39.810 --> 00:00:53.100 Carrington Moore: Your own way, please assume your posture of prayer, let us pray stuff a fan, and let us pray god of recent mercy, we thank you, Lord God for the columns that we have over our lives, a calling to pray. 7 $00:00:54.060 \longrightarrow 00:01:02.160$ Carrington Moore: At too fast and God we pray Lord God in this Bible study that you will give us direction insight understanding Lord God that we might be able to fix. 8 00:01:02.520 --> 00:01:10.890 Carrington Moore: The spaces in our life that might feel incomplete and God, as we think about this idea of prayer fasting I pray Lord that you will bring wholeness. 9 00:01:11.400 --> 00:01:19.380 Carrington Moore: and love and deeper yearnings to our souls, in a way

that only prayer and fasting can do and so God, we thank you for this moment. 10 00:01:19.770 --> 00:01:29.040 Carrington Moore: of understanding, we thank you for this moment of meaning making be with us, and all that we do and say this prayer name of Jesus is the Christ Our Lord and savior everyone say amen. 11 00:01:30.660 --> 00:01:38.700 Carrington Moore: amen family, I have a couple of a couple of books, I want to share with you that I think will be very, very interesting to you. 12 00:01:39.000 --> 00:01:47.490 Carrington Moore: i'm going to show you she didn't get them, but I want to say that they've been helpful to me in my own spiritual journey, one of the oldest books i've had since I was in. 13 00:01:48.600 --> 00:01:53.310 Carrington Moore: I think my sophomore year of college I got this book called invitation to a journey. 14 00:01:54.150 --> 00:02:01.740 Carrington Moore: it's a roadmap for spiritual formation and this book actually talks about some how we think about the classical spiritual disciplines. 15 00:02:01.980 --> 00:02:11.610 Carrington Moore: Like prayer like scripture reading like fasting and so some of the thoughts of today actually will be grounded in some of these teachings that come from this book. 16 00:02:12.180 --> 00:02:25.500 Carrington Moore: More than anything more than you getting the book actually think the press company in a varsity press is actually a good kind of space to visit the kind of find out and look for books that could be applicable for your own spiritual formation. 17 00:02:25.920 --> 00:02:28.650 Sabrina Gray: The other new present information in your in the chat

room.

18 00:02:28.770 --> 00:02:31.110 Sabrina Gray: i'm in the chat the title and the author, please. 19 00:02:31.410 --> 00:02:32.640 Carrington Moore: yeah we'll do that before the. 20 00:02:32.670 --> 00:02:34.290 Sabrina Gray: End of the bottle okay all right all right. 21 00:02:34.320 --> 00:02:35.490 Sabrina Gray: i'm sorry I didn't mean interrupt me. 22 00:02:35.580 --> 00:02:50.190 Carrington Moore: i'm sorry you want a good river, this is just halfway to Bible study, so you know this is your specialty this is your expertise so it's all good so particularly was we're moving into prayer and have time to actually type I will put this book and the chat the other one, I want to put. 23 00:02:51.450 --> 00:02:57.600 Carrington Moore: Which is really interesting is called a deeper journey, this is also a university press book, I actually got this also in college. 24 00:02:57.990 --> 00:03:07.410 Carrington Moore: I got this my senior year of college it's about the spiritual the spirituality of discovering your true self, and I want to submit to you that part of how we're going to talk about prayer fasting. 25 00:03:07.710 --> 00:03:12.780 Carrington Moore: As it is, is outside of the norms, by which we have commodified. 26 00:03:13.710 --> 00:03:24.090 Carrington Moore: I like the fasting middle think about prayer as a way of me, being more effective and give the things that we want and I don't want to get into that just yet, because that's part of our Bible study.

00:03:24.330 --> 00:03:31.620 Carrington Moore: But this actually fix it helps us think about prayer the spiritual disciplines as a way of becoming closer to your true self and being in. 28 00:03:31.860 --> 00:03:39.780 Carrington Moore: communion with God and so it's called the deeper journey and last book this ain't got nothing to do with the Bible study i'm just i'm just throwing up to you because i'm reading this for a book club. 29 00:03:40.110 --> 00:03:52.080 Carrington Moore: it's called salvation black people and loved by bell hooks, and so we are their ancestor who has gone before us i've actually never read this by bell hooks but i'll be at a book club next Saturday. 30 00:03:52.440 --> 00:03:57.150 Carrington Moore: i'm gonna try to read that before then, and so, if y'all got any cliff notes go ahead and put them in the chat. 31 00:03:57.390 --> 00:04:06.180 Carrington Moore: But i'll try to get through this this week, so I encourage us as we're talking about the spiritual disciplines, one of the spiritual disciplines that has really helped me. 32 00:04:06.450 --> 00:04:12.180 Carrington Moore: become the person I am is literally reading and I spiritual spirit of spiritual discipline that will change your life. 33 00:04:12.480 --> 00:04:25.050 Carrington Moore: Is the discipline of scripture reading and so part of our ability to ascertain what God is doing is being able to look in the sacred texts and other sacred texts as a way of making meaning it so let's jump right into it. 34 00:04:25.800 --> 00:04:34.770 Carrington Moore: let's jump right into it our Bible study today it's about prayer fasting as we talk about Jesus fixed my life we're looking at this familiar passage of scripture. 35

00:04:35.070 --> 00:04:43.320

Carrington Moore: Where Jesus actually says some interesting things to his disciples Jesus said some interesting things to his disciples I wanted to go to mark chapter nine. 36 00:04:43.950 --> 00:04:55.680 Carrington Moore: we're going to go to mark chapter nine together if you fill in froggy we can I don't want to call them nobody but i'm happy to have someone read for us and we're going to begin reading. 37 00:04:57.300 --> 00:05:05.220 Carrington Moore: let's begin reading at verse 14 so on mark chapter now where to begin reading at verse 14 and I want to do a quick. 38 00:05:05.880 --> 00:05:15.360 Carrington Moore: A quick summary of what happened last week, as we talked about Jesus raising Lazarus from the dead, as we looked at that particular scripture there's a couple things. 39 00:05:15.870 --> 00:05:23.400 Carrington Moore: That we have to remember as we've been thinking about this theme of Jesus fix my life, and so what we learned last week. 40 00:05:24.300 --> 00:05:34.170 Carrington Moore: Particular as we're talking about worship, particularly worship, as it came from Mary and her history of worship and relationship to Jesus we submitted to ourselves that worship. 41 00:05:34.560 --> 00:05:48.630 Carrington Moore: will allow you to see another perspective on God and as we talked about the emotionality of of Mary because she said something really distinct to Jesus she said Jesus had you been here she was talking a little bit. 42 00:06:02.550 --> 00:06:09.840 Carrington Moore: She and her sister were bringing to the space and then she's a set to he says take me to, where he was late and that's Jesus began to ascertain the. 43 00:06:10.140 --> 00:06:17.820 Carrington Moore: surroundings as Jesus began to engage others in the

ritual of morning and wailing Jesus himself found himself weeping.

44 00:06:18.240 --> 00:06:28.230 Carrington Moore: And this is the one of the first time in the text that we see Jesus in a different light and I want to submit to you if we stick around with God long enough. 45 00:06:28.530 --> 00:06:36.450 Carrington Moore: God will show us a different side of God, and I want to submit to you that's different parts in the scripture where Jesus invites those. 46 00:06:36.870 --> 00:06:49.500 Carrington Moore: into morning or into some type of emotion with him there's a story of Jesus in the garden gets 70 when the disciples are tired Jesus we just pray with me, we talked about prayer and fasting family she says well you just pray with me. 47 00:06:49.860 --> 00:07:03.150 Carrington Moore: And they they're too tired to sit with them, but Jesus is so anxious in his soul that Jesus begins to sweat blood, so much so that he needs comfort from an angel from all high that comes a conference in, but if they had stayed up. 48 00:07:03.600 --> 00:07:07.920 Carrington Moore: They would have seen possibly another side of Jesus, and I want to submit to you. 49 00:07:08.700 --> 00:07:12.300 Carrington Moore: That our worship one will allow us to see another side of Jesus. 50 00:07:12.540 --> 00:07:22.020 Carrington Moore: Mary and the scripture text last with teaches us that the other part of the summary, I want to share with you that's really important for how we're thinking about this idea of Jesus fixed my life. 51 00:07:22.380 --> 00:07:33.240 Carrington Moore: Jesus last week as we're looking at how he honored the transition that Lazarus was in, and I want to submit to you that Jesus honors the transitions of life.

52 00:07:33.750 --> 00:07:45.000Carrington Moore: And here's the thing we are called to invite God and our community into the transitions our own life and so here's the thing and family oftentimes. 53 00:07:46.140 --> 00:07:55.320 Carrington Moore: We try to move through the difficult parts of life without one more time, sometimes we try to rush through. 54 00:07:55.770 --> 00:08:05.520 Carrington Moore: The difficult parts of life and here's the thing when you rush through the difficult transitions of life, I want to submit to you that you totally discouraged sometimes miss God. 55 00:08:06.030 --> 00:08:22.920 Carrington Moore: And the beautiful thing that Jesus does in the text last week week as he's he weeps over his brother Lazarus who has died, is that Jesus is invited into morning with Mary and her sister as a matter of fact, we call this prophetic morning. 56 00:08:23.340 --> 00:08:35.070 Carrington Moore: And so, sometimes the morning that we have when we share our burdens and our struggles unto Jesus Jesus one reveals another side of god's self, but then to Jesus. 57 00:08:35.640 --> 00:08:49.380 Carrington Moore: walks with us literally in the text to the pain points of our life now what does it mean forgot to do that, why would God say so here's the thing God knew that God was going to raise Lazarus from the dead. 58 00:08:49.860 --> 00:09:00.330 Carrington Moore: But instead of doing that he invites Marion to relationship with him, but he also invites himself into the mourning process of Mary and in the same way. 59 00:09:00.810 --> 00:09:08.640 Carrington Moore: We are called to invite God into the transition moments of our life we lose a loved one, we need to be inviting God into that space when we lose a job.

00:09:09.330 --> 00:09:18.540 Carrington Moore: We need to invite God into that space, if you lose a booth thing I encourage you to go ahead and invite God into that space whatever transition that you're in. 61 00:09:19.200 --> 00:09:28.050 Carrington Moore: is not meant for you to bear it alone it's not meant for you to a moat alone but it's we're called to a moat and community and. 62 00:09:28.350 --> 00:09:35.850 Carrington Moore: With God so that's the other lesson that God teaches us in the final lesson that God sees this last week here's the thing here's the biggest point. 63 00:09:36.450 --> 00:09:47.670 Carrington Moore: Simply when it says Jesus wept and then he proceeds to raise Lazarus from the dead here's the big point only love can resurrect dead things last point. 64 00:09:48.690 --> 00:09:52.260 Carrington Moore: Jesus is able to raise a man from the dead. 65 00:09:52.740 --> 00:09:58.890 Carrington Moore: Because he had to love enough he had enough love and soul to weep over the fact that he that in the first place. 66 00:09:59.070 --> 00:10:09.750 Carrington Moore: And I want to submit to you that some of us have some things in our life that have not been resurrected some relationships some opportunities i'm just talking about individually, but collectively, even as a church. 67 00:10:09.960 --> 00:10:14.010 Carrington Moore: And the Community, because we have not gone deep enough in our love. 68 00:10:14.460 --> 00:10:24.480 Carrington Moore: And we're hoping for school systems to be resurrected we're hoping for our educational system, he resurrected probing for our economic system be record resurrected, but it is not centered in love.

69 00:10:24.900 --> 00:10:32.880 Carrington Moore: becomes difficult for God to resurrect those things, and so the last part that Jesus teaches us that only love can resurrect. 70 00:10:33.570 --> 00:10:43.080 Carrington Moore: dead things so Jesus fixed my life, the last install installment We ask that we have to ask the first question before we jump into the text and mark chapter nine is the question. 71 00:10:43.410 --> 00:10:50.280 Carrington Moore: Go ahead and unmute yourself, I want to hear from you, you can talk to a mess i'm not will be well i'm not gonna be mad at you and other folks might be like you know hey. 72 00:10:50.520 --> 00:10:59.460 Carrington Moore: You can you can hold it, you can deal with it, but here's the thing family will ask you this question real quick here's the thing, what is the benefit. 73 00:11:00.420 --> 00:11:03.720 Carrington Moore: of fasting and praying I want to hear from you, I want to. 74 00:11:04.110 --> 00:11:17.970 Carrington Moore: hear how you're thinking about this whole month I know some of y'all have been turned over your plate, some of your waking up at 6am and praying it five and 6pm or Monday Wednesday, Thursday, Friday, so you have been praying hard as a Community, I want to know. 75 00:11:18.690 --> 00:11:31.500 Carrington Moore: What is the benefit of fasting and praying good unmute yourself and ask you to respond within give you dont preach a sermon but get about 30 seconds to go and respond going to put in the chat go ahead and unmute yourself we'd love to hear from you. 76 00:11:32.040 --> 00:11:34.890 Carrington Moore: what's the spiritual benefit of fasting and praying.

00:11:41.640 --> 00:11:45.270 James Williams: Are you hear from God and get your marching orders. 78 00:11:46.050 --> 00:11:51.630 Carrington Moore: Okay Okay, so we can hear from God we get our marching orders, thank you very much, brother James anybody else thought. 79 00:11:52.740 --> 00:12:01.680 Christine Rose: I was just gonna say more you just become more clear from as in you you're able to hear God more but yeah somebody just put it in the clarity. 80 00:12:02.490 --> 00:12:06.210 Carrington Moore: Clarity greater discernment from sister Susan that's deep. 81 00:12:07.950 --> 00:12:14.340 Carrington Moore: genesis says clarity of all the canvas said breakthrough sharpens our focus on God anybody else. 82 00:12:16.530 --> 00:12:18.930 Carrington Moore: anybody else before we jump into the scripture. 83 00:12:19.440 --> 00:12:20.670 Jonell Johnson: Faster fasting over. 84 00:12:22.380 --> 00:12:25.020 Jonell Johnson: Probably over the lifetime of knowing the hammonds. 85 00:12:26.430 --> 00:12:33.540 Jonell Johnson: Because that's probably when it first started and back in the early 70s 19 1970. 86 00:12:34.620 --> 00:12:35.070 Jonell Johnson: and 87 00:12:36.510 --> 00:12:41.580 Jonell Johnson: This this particular fast has been interesting for me because I.

88 00:12:42.600 --> 00:12:48.000 Jonell Johnson: made a point to not eat after 8pm not watch TV. 89 00:12:49.350 --> 00:12:59.820 Jonell Johnson: In an hour to before going to bed i've been reading more and i've just had some times, where it would just be a quiet time where we just sit I wouldn't. 90 00:13:00.600 --> 00:13:11.070 Jonell Johnson: have anything to talk about to the Lord, I would just be present with him and I just you know I mean, in addition to the weight loss, which is also a blessing. 91 00:13:13.260 --> 00:13:20.640 Jonell Johnson: I just felt that I was closer to my family my Bethel church family this month because. 92 00:13:21.420 --> 00:13:37.680 Jonell Johnson: I know all of us were fasting and our own, those of us that were fasting we're doing in our own ways, and I think it's a good practice for the church to do it without having to be told exactly how to do it to choose how it's comfortable for you to do. 93 00:13:38.250 --> 00:13:38.700 Sabrina Gray: And man. 94 00:13:39.420 --> 00:13:40.380 Carrington Moore: that's good that's good. 95 00:13:41.520 --> 00:13:42.450 that's a good word sound. 96 00:13:43.620 --> 00:13:45.120 Sabrina Gray: Okay i'm sorry I found. 97 00:13:47.190 --> 00:13:58.830 Sabrina Gray: When you talk about the different sides of God lot of times when I prayed in in the past and and now to got us the opportunity to take me into my uglies.

98 00:13:59.400 --> 00:14:08.580 Sabrina Gray: And the uglies is just some of them places you don't like to go, but you know it's again it's that sticky stuff in the closet the guy said you got to deal with that stuff. 99 00:14:09.090 --> 00:14:20.610 Sabrina Gray: And it's not dancing is not overwhelming but is again his love they says okay let's let's deal with the uglies this you know sort of bring some ugly stuff out and say okay let's deal with this. 100 00:14:20.670 --> 00:14:34.050 Sabrina Gray: ugly and, as I yield myself to him yeah i'm better able and better willing to to let him deal with some of the uglies so that's been very you know prominent for me. 101 00:14:35.400 --> 00:14:39.330 Carrington Moore: that's good that's good, we should do a sermon on the uglies I like that. 102 00:14:39.930 --> 00:14:41.250 Sabrina Gray: that's good bad ugly. 103 00:14:42.420 --> 00:14:56.040 Carrington Moore: I ceased academy putting the in the chat to understand his divine will for our lives break generational curses that's good that's good and she was affirming which has said, Robert zubrin anybody else, what is the benefit. 104 $00:14:57.090 \longrightarrow 00:15:06.150$ Carrington Moore: of fasting and praying, this is the this is, this is the conundrum, we have to, we have to ask ourselves what what's what's the benefit on my ass that one more time we're going to jump into the scripture text. 105 00:15:06.750 --> 00:15:07.410 Felicia Wiltz: I think like. 106 00:15:07.710 --> 00:15:09.120 Felicia Wiltz: sister janelle said.

107 00:15:10.410 --> 00:15:24.240 Felicia Wiltz: It causes you to get rid of distractions and to better because there's so many distractions in our lives, but to better be able to Center yourself and focus and be able to hear from him. 108 00:15:25.140 --> 00:15:36.690 Carrington Moore: hmm that's good Thank you so much, Dr police yeah Thank you I wanna there anything anyone else does our resident scholar scholars to Linda want to share anything anybody else before we move forward anybody else. 109 00:15:38.370 --> 00:15:42.480 Carrington Moore: All right, let's go to mark chapter nine mark chapter nine. 110 00:15:43.560 --> 00:15:54.930 Carrington Moore: We reading a verse 14 I want to submit to you that the same or equivalent story is also also found in Matthew chapter 17 and Matthew chapter 17. 111 00:15:55.830 --> 00:16:04.200 Carrington Moore: It reads a little bit different particularly verse 29 because verse 29 says he said to them this kind can only come through prayer. 112 00:16:04.680 --> 00:16:15.510 Carrington Moore: that's what says a mark in Matthew 17 it says this only can come through prayer and fasting however mark chapter nine and this particular one because. 113 00:16:16.290 --> 00:16:19.800 Carrington Moore: For a little bit more detailed and so this is why we're going to read. 114 00:16:20.310 --> 00:16:33.060 Carrington Moore: This particular version together so mark chapter nine beginning at verse 14 i'm going to ask i'm asking by does anybody want to want to read for us and matter what what translation, you have is all good, but do you want anybody want to read for us. 115

00:16:33.900 --> 00:16:34.800

Linda Mells: I read flame. 116 00:16:35.310 --> 00:16:38.250 Carrington Moore: Alright, thanks becky resident scholar Dr Reverend. 117 00:16:38.760 --> 00:16:40.650 Jonell Johnson: phil alley to for you pastor. 118 00:16:41.070 --> 00:16:52.920 Carrington Moore: amen so how about this we'll have we'll have more resin scholars sister Linda read for us from verse 14 and verse 24 and then we have some gianna read from verse 25 to verse 29. 119 00:16:53.580 --> 00:16:53.910 0kay. 120 00:16:55.860 --> 00:17:00.120 Linda Mells: And the title of this is the healing of a boy, with an evil spirit. 121 00:17:01.230 --> 00:17:15.930 Linda Mells: When they came to the other disciples they saw saw a large crowd around them, and the teachers of the law, arguing with them as soon as all the people saw Jesus, they were overwhelmed with wonder and ran to greet him. 122 00:17:16.680 --> 00:17:32.610 Linda Mells: What are you arguing about with them about he asked a man and a proud answered teacher, I brought you my son, who is possessed by a spirit and has robbed him of speech whenever it seizes him it throws him. 123 00:17:36.660 --> 00:17:43.320 Linda Mells: To the ground if I asked you the cycles to drive out the spirit, but they could not. 124 00:17:45.480 --> 00:17:47.460 Linda Mells: Oh unbelieving generation. 125 00:17:50.580 --> 00:17:56.190

Linda Mells: Jesus replied, how long shall I stay with you how long shall I put up a few bring the boy to me. 126 00:17:56.760 --> 00:18:03.750 Linda Mells: So they brought him when the spirit saw Jesus it immediately through the boy into a convulsion he fell to the ground rolled around. 127 00:18:05.400 --> 00:18:17.160 Linda Mells: foaming at the mouth Jesus asks the boy's father, how long has he been like this from childhood he answered it is often thrown him into fire or water to kill him. 128 00:18:17.850 --> 00:18:34.020 Linda Mells: But if you can do anything take pity on us and help us if you can set Jesus, everything is possible for him who believes immediately the boy's Father explained, I do believe helped me overcome my unbelief. 129 00:18:35.640 --> 00:18:37.260 Jonell Johnson: Starting at verse 25. 130 00:18:39.390 --> 00:18:54.480 Jonell Johnson: When Jesus saw that the crowd was rapidly gathering he rebuked the unclean spirit saying to it, you deaf and mute spirit I command you come out of him and do not enter him again. 131 00:18:55.890 --> 00:18:59.070 Jonell Johnson: After crying out and throwing him into. 132 00:19:00.270 --> 00:19:10.380 Jonell Johnson: Terrible convulsions it came out and the boy became so much like a course that most of them said he's dead. 133 00:19:11.550 --> 00:19:16.470 Jonell Johnson: But Jesus took him by the hand and raised him. 134 00:19:17.700 --> 00:19:18.540 Jonell Johnson: And he got up.

00:19:19.740 --> 00:19:28.140 Jonell Johnson: When he came into the House the disciples began questioning him privately Why could we not drive it out. 136 00:19:29.250 --> 00:19:30.630 Jonell Johnson: And he said to them. 137 00:19:32.550 --> 00:19:38.220 Jonell Johnson: This time, cannot come out by anything but. 138 00:19:39.900 --> 00:19:40.410 Jonell Johnson: He. 139 00:19:41.340 --> 00:19:48.030 Carrington Moore: word of God from people of God, thank God, thank you so much to Linda joy now for reading that for us. 140 00:19:48.150 --> 00:19:49.320 Carrington Moore: Now, this is a big scripture. 141 00:19:49.440 --> 00:19:54.660 Carrington Moore: This is a big scripture and in mark there's a couple things when I look at in terms of this particular. 142 00:19:55.770 --> 00:20:14.610 Carrington Moore: passage of scripture that's really interesting one that's really interesting is that the crowd they are not the highlight of the story, but particularly the disciples are the ones who are Highland and the store because Jesus is trying to press upon them regarding their own inconsistency. 143 00:20:14.790 --> 00:20:16.470 Carrington Moore: and being able to believe. 144 00:20:16.680 --> 00:20:28.110 Carrington Moore: And so the crowd is actually used as a backdrop and a particularly either different way, because usually the crowd is excited and is clamoring for Jesus after. 145 00:20:28.560 --> 00:20:29.880

Carrington Moore: Christ, does the miracle but. 146 00:20:30.270 --> 00:20:41.670 Carrington Moore: But in this particular moment as the disciples were debating with the religious leaders and the crowd the crowd when they see Jesus they're excited for they're excited for him before he does anything. 147 00:20:41.940 --> 00:20:50.580 Carrington Moore: And so, one the crowd in this particular story is very different, the other part, that's really interesting that compares to other stories that have been told, before this. 148 00:20:50.820 --> 00:20:56.880 Carrington Moore: And mark similar we think about the story of Genesis a daughter, where we talked about this before where. 149 00:20:57.150 --> 00:21:08.040 Carrington Moore: She is found in this interpolated story with the woman with the issue of blood, meaning that about interpolated simply moving in the text that there's a story within a story, and so the one with the issue of blood. 150 00:21:08.220 --> 00:21:15.990 Carrington Moore: Is the store within the overarching story of helping the disciples believe that God is able to perform and do miracles so. 151 00:21:17.130 --> 00:21:29.250 Carrington Moore: Take one it's similar after the little boy is healed he almost becomes like a dead corpse so we know the story for Jerry says daughter is that she dies and got resurrect said. 152 00:21:29.490 --> 00:21:38.730 Carrington Moore: Wait a minute she's she's still gone and then God says no she's only sleeping, and so we see some parallels there, but the best part of the story that I love so much. 153 00:21:38.970 --> 00:21:53.610 Carrington Moore: Is that there is this play between the belief of disciples and then also the belief of the man and here's the thing

Jesus asked a question, he says yo what's going on check this out the.

154 00:21:53.640 --> 00:21:54.450 bandana. 155 00:21:57.420 --> 00:21:58.800 Carrington Moore: Nana i'll give me. 156 00:21:58.890 --> 00:21:59.400 Carrington Moore: There you go. 157 00:22:00.660 --> 00:22:08.460 Carrington Moore: The great part of the story is that Jesus is talking to the crowd at large, and what happens the man interjects and says hev. 158 00:22:08.820 --> 00:22:18.420 Carrington Moore: They cannot heal my son, so one is already intentionality by the man and conviction because he wants his son to be healed so that's the first part, the other part. 159 00:22:18.870 --> 00:22:26.250 Carrington Moore: Jesus and low key is low key exasperated by the unbelief of the disciples so we have to ask this question. 160 00:22:27.180 --> 00:22:38.880 Carrington Moore: This is the question why the disciples not believe that they could heal cannot heal this young boy why couldn't heal this boy, and the other question I have to ask ourselves. 161 $00:22:39.240 \longrightarrow 00:22:47.250$ Carrington Moore: Do the disciples actually heal and this manner before so let's just jump on a stripper text let's go to mark chapter mark Chapter three. 162 00:22:47.640 --> 00:22:55.800 Carrington Moore: I want to pass the time give us mark Chapter three read this real quick mark Chapter three verse 15 pastor times you can grab that. 163 00:22:56.490 --> 00:23:12.930 Carrington Moore: And then i'm asked us to lily lily if you can grab

for us mark Chapter six verse 13 because we've got to get to the bottom of this list was going on with disciples, why are they so inconsistent and their ability to believe so, the first question we have to ask that they have the authority. 164 00:23:14.910 --> 00:23:20.580 Carrington Moore: To do exorcisms so let's go to mark Chapter three verse 15 what to say pastor time. 165 00:23:21.240 --> 00:23:23.610 Tanya Miller: Yes, 15 or do you want to start a 14. 166 00:23:24.390 --> 00:23:25.740 Carrington Moore: week or server 14 that's fine. 167 00:23:26.430 --> 00:23:36.960 Tanya Miller: And he appointed 12 we also made the possible so that they may be, with him and he might send them out to preach and have authority to cast out demons. 168 00:23:37.800 --> 00:23:47.010 Carrington Moore: Oh, so what am I, so we already we already know if you read from verse 14 or 15 that God calls them apostles and appoints them to go out. 169 00:23:47.040 --> 00:23:53.400 Carrington Moore: And what cast out demons is going to mark Chapter six verse 13 mark Chapter six verse 30. 170 $00:23:53.460 \longrightarrow 00:23:53.970$ Lillie Cousin: i'm here. 171 00:23:54.360 --> 00:23:56.790 Lillie Cousin: i'm here one moment mark 613. 172 00:23:57.270 --> 00:23:59.070 Carrington Moore: Yes, ma'am what's it say. 173 00:24:00.930 --> 00:24:01.740 Lillie Cousin: Instead of iris.

174 00:24:03.420 --> 00:24:05.040 Lillie Cousin: Mike 613. 175 00:24:06.660 --> 00:24:11.610 Lillie Cousin: They drove out many demons and anointed minutes sick people were all in here with them. 176 00:24:14.310 --> 00:24:26.610 Carrington Moore: So two chapters before it was all good everything was hunky dory but what's going on in mark chapter nine that they're not able to heal. 177 00:24:27.090 --> 00:24:37.290 Carrington Moore: This little boy, let me ask you this question that's the question, but in the chat you can go ahead and mute yourself what was the struggle with the disciples regarding their ability to heal with little boy. 178 00:24:40.080 --> 00:24:40.470 Lillie Cousin: eight. 179 00:24:42.300 --> 00:24:45.510 Carrington Moore: So it's just a little says faith anybody else going to put in the chat feature so. 180 00:24:50.160 --> 00:24:50.520 Lillie Cousin: Much. 181 00:24:52.890 --> 00:24:53.970 Carrington Moore: No, I think you got muted. 182 00:24:54.180 --> 00:24:56.670 Carrington Moore: ref going to meet yourself silly. 183 00:25:03.750 --> 00:25:05.400 Lillie Cousin: We put in our answers in the chat. 184 00:25:05.760 --> 00:25:07.920

Carrington Moore: Or you can unmute yourself, you can go ahead and talk it's all good. 185 00:25:08.010 --> 00:25:20.160 Lillie Cousin: Okay, this is my sister hold on you said i'm with faith, because it was saved with faith, you can move mountains, they have to have faith that they can do what God said they can do faith and belief. 186 00:25:21.690 --> 00:25:33.570 Carrington Moore: hey Maggie somebody clap it up for the sister sister Lillian that's not talking about y'all here on the phone and Bible study Ayala committed, I appreciate you amen that's good that's good anybody else I would. 187 00:25:33.990 --> 00:25:39.900 Christine Rose: Say trust and belief that they can do it, they didn't they didn't have that trust and belief in it same as faith. 188 00:25:40.710 --> 00:25:42.960 Carrington Moore: that's good that's good anybody else. 189 00:25:46.710 --> 00:25:52.140 James Williams: Well, it seems that prayer is pretty significant there in in they hadn't. 190 00:25:52.890 --> 00:26:01.380 James Williams: I maybe their prayer head dropped off and they weren't maintaining the line that connection, you know you have belief that's going to happen, but. 191 00:26:01.710 --> 00:26:05.490 James Williams: You know we're all humans and we're not used to doing those kind of things and. 192 00:26:06.000 --> 00:26:12.900 James Williams: And you know and sometimes I guess what what really made them believe is when they seen Jesus do what they knew that this could happen. 193 00:26:13.380 --> 00:26:21.870

James Williams: And so you know they were appointed and they were in line with doing what they were doing, but you know you're you're kind of your belief wayne's but. 194 00:26:22.230 --> 00:26:34.830 James Williams: If you're not like connections like your your pipeline is not there, you know if you're getting like if you were getting fuel, you know, to do what you gotta do, and yet this pipeline going on and the pipeline isn't happening, then you're not going to be able to do what you need to do. 195 00:26:35.880 --> 00:26:39.750 Carrington Moore: hmm that's a good word Reverend that's good that's good anybody else. 196 00:26:44.160 --> 00:26:59.160 Jonell Johnson: Well, I mean, for me it takes me to my work every day that I better start praying more for the kids at my school, who have been such bad actors, because my prayers can turn things around and I don't think I pray enough of them. 197 00:26:59.880 --> 00:27:00.480 Jonell Johnson: I look at how. 198 00:27:00.870 --> 00:27:02.430 Jonell Johnson: Things are and I shake my head. 199 00:27:02.970 --> 00:27:03.330 hmm. 200 00:27:05.070 --> 00:27:15.630 Linda Mells: Another thing another thing in the scripture they weren't focused on what they were supposed to do, because they were arguing with the with the teachers of the law. 201 00:27:18.330 --> 00:27:31.890 Linda Mells: And that could possibly have got them off trackers as well because we're not supposed to be argued with anybody about what our faith is we're just supposed to know that it is and not trying to try to convince.

00:27:33.870 --> 00:27:35.010 Carrington Moore: that's good on to. 203 00:27:35.190 --> 00:27:51.900 Linda Mells: Somebody else just to do about you know the way you live, your life so they weren't they didn't appear to be focused on it, because they were too busy arguing with those on the get on some Jewish people who were like the pharisees not sad sad disease. 204 00:27:52.380 --> 00:27:56.670 Carrington Moore: that's good that's good so dylan anybody else could unmute yourself we love to hear from you. 205 00:27:59.850 --> 00:28:09.390 Gigi Green: Well, I think it's it's like you know when, God gives us God gives each and every one of us gifts, we all have a lot of gifts in us and we don't even use them. 206 00:28:10.230 --> 00:28:23.010 Gigi Green: We haven't tapped into them and if God has given you a gift of healing or prophetic gift and you don't pray when a situation comes up that you can use that gift. 207 00:28:23.580 --> 00:28:31.890 Gigi Green: You won't be able to use it, when you think you can because you're saying Okay, I know, God gave me this gift, let me go on and use it, but you haven't prayed yourself up. 208 00:28:32.310 --> 00:28:36.690 Gigi Green: So you have to be praying or whatever gift, you have you have to pray on that gift. 209 00:28:37.380 --> 00:28:48.330 Gigi Green: You know and feed it feed with the word of God feet, it was praying for you to with pet fasting and ask the Lord when it's my time to use this gift that I know you put in me please help me to be able to do so. 210 00:28:48.720 --> 00:28:50.880 Gigi Green: You know so so being that that.

00:28:50.940 --> 00:29:02.130 Gigi Green: God or Jesus already gave them the gift they probably didn't feed it they didn't feed it with prayer and asking God Okay, if I come up with the situation of casting out a demon Lord, please be with me. 212 00:29:02.490 --> 00:29:08.910 Gigi Green: So they went up to it, you know when a situation came up in this thought that they could do it, but you got to be prayed up and fast it up. 213 00:29:09.450 --> 00:29:16.380 Gigi Green: So, like I said a lot of us have gifts beautiful gifts and we haven't even scratched the surface of using any of them. 214 00:29:17.280 --> 00:29:17.670 You know. 215 00:29:18.720 --> 00:29:19.500 Carrington Moore: The Bible study. 216 00:29:24.090 --> 00:29:30.930 Carrington Moore: The bed anybody else anybody else would love to hear from you and then i'll jump into some thoughts that's good so GG anybody else. 217 00:29:34.950 --> 00:29:43.290 Carrington Moore: want to share there's a beautiful song when I was growing up that a missionary was saying at my church, there was missionary foster God bless and rest her soul. 218 00:29:43.740 --> 00:29:54.870 Carrington Moore: And should we die, we have testimony service, I hope it at some point, I know we are we losing our our spirituality but at some point we got to bring back testimonies some type of way I remember, she would get up. 219 00:29:55.770 --> 00:30:02.460 Carrington Moore: Not every Sunday, but when she would get up and testify and she'd always said, you know I forgot the script, but it was something like.

220 $00:30:02.760 \longrightarrow 00:30:07.140$ Carrington Moore: I like to thank the Lord, who was the head of my life I think my husband and my children who love me. 221 00:30:07.440 --> 00:30:14.430 Carrington Moore: like to thank God for the pastor and the assistant pastor and the deacons in the trustees and my fellow missionaries, and this should be jumping to a song. 222 00:30:14.820 --> 00:30:24.000 Carrington Moore: And she this how the song one i'm not sure if I sounds before and a song like this Jesus on the main line tell them what you on Jesus home, the main. 223 00:30:24.000 --> 00:30:24.630 James Williams: line and. 224 00:30:24.660 --> 00:30:26.340 Carrington Moore: tell them what you wrong. 225 00:30:26.610 --> 00:30:29.700 Carrington Moore: she's a song that may lie tell them what you. 226 00:30:30.720 --> 00:30:32.610 Carrington Moore: Call her up and tell them what. 227 00:30:33.060 --> 00:30:34.260 Carrington Moore: You have seen the wrong key. 228 00:30:34.380 --> 00:30:43.560 Carrington Moore: Because i'll have sister Tracy brother Martin here with me, but I always thought that song was very interesting because the way she would then testify. 229 00:30:43.860 --> 00:30:55.110 Carrington Moore: In one is showcase that she wasn't just rubbing on God like a genie in a bottle but there was the consistency and the miracles that manifested in her life because one.

00:30:55.350 --> 00:31:05.460 Carrington Moore: She was in prayer that kept her in deep connection with God and then, when the trial and to station or tribulation came she had the confidence to call upon Jesus. 231 00:31:05.640 --> 00:31:15.360 Carrington Moore: To deliver what it is that she needs for God, and so I wanna I want to pause pathetically as we've raised this particular curriculum, I want to back up just a little bit and then talk about prayer. 232 00:31:15.900 --> 00:31:29.880 Carrington Moore: And I want to suggest to you know the disciples there we go don't don't don't be offended i'm including myself in this critique the disciples are like us, the one day we got it and one day we go. 233 00:31:30.390 --> 00:31:50.940 Carrington Moore: Yes, it's in the text, then God and Chapter three gave them the power and the authority to go and catch it says literally cast out demons let's look at what the text says it says in mark Chapter six and verse 13 they literally were casting out demons but then. 234 00:31:52.020 --> 00:32:05.580 Carrington Moore: They get into some trouble their surroundings change in Jesus not fair and they find themselves in apt to do the very thing that then call to do they sound a lot like us. 235 00:32:07.590 --> 00:32:21.930 Carrington Moore: Lol to submit to you it's it's fairly easy to get distracted in the day to day work ethic of life and not be able to perform the miracle because here's the thing you've been disconnected from God. 236 00:32:22.650 --> 00:32:29.850 Carrington Moore: you've been disconnected from yourself i'm preaching now and you've been disconnected community, let me say it like this prayer. 237 00:32:30.510 --> 00:32:43.110 Carrington Moore: This prayer is threefold it keeps you connected to God it keeps you connected to your community and here's the deep part

it keeps you it keeps you connected to your divinity within. 238 00:32:43.620 --> 00:32:50.100 Carrington Moore: And I want to suggest to you that sometimes the normal teens of life can throw us off kilter. 239 00:32:50.730 --> 00:33:04.410 Carrington Moore: And if we are not connected in prayer what happens when we call Jesus up on the main line and tell God, what we want we're not able to use human agency and performed a miracle because we've been disconnected. 240 00:33:04.980 --> 00:33:15.660 Carrington Moore: And someone submit to you that their unbelief should not be looked at as something that is a a flaw within themselves, but I want to suggest to you that the unbelief. 241 00:33:16.230 --> 00:33:24.570 Carrington Moore: Is a is a symptom of being caught up in life circumstances let's go a little deeper about prayer we're going to talk really. 242 00:33:24.900 --> 00:33:36.720 Carrington Moore: In the next 20 minutes we're going to talk about the benefits of having a life of prayer and the benefits of how we're going to connect fasting to the ability to love our own physical body so let's let's. 243 00:33:37.050 --> 00:33:50.430 Carrington Moore: Let me, let me talk a little bit about prayer real quick and so we're gonna write this down predators three things prayers it does more than three things, but for the purpose of the Bible said, I want to submit to you that prayer is doing things for us one. 244 00:33:51.960 --> 00:33:54.060 Carrington Moore: praying prayer is relational. 245 00:33:55.980 --> 00:34:01.830 Carrington Moore: prayer is relational that part of the human conundrum.

246 00:34:03.360> 00:34:04.530 Carrington Moore: As in terms of.
247 00:34:05.820> 00:34:17.310 Carrington Moore: Western ideals of of spirituality that we have this competing idea that prayer is something that happens in the intimacy of your own home.
248 00:34:18.120> 00:34:32.340 Carrington Moore: What prayers prayers two things is both intimacy that you have with God and private but it's intimacy that you have with God that you experience publicly, let me say that one more time if you missed it in the back prayer is relational.
249 00:34:33.990> 00:34:46.110 Carrington Moore: And we're called to have intimacy with God and our private lives, but also be should be manifesting manifested in our public lives as well, so prayer ones relational.
250 00:34:47.220> 00:34:55.950 Carrington Moore: Let me say this to you as well prayer here's the thing prayer here, this is the big part prayer is kingdom building.
251 00:34:57.210> 00:34:58.980 Carrington Moore: prayer his kingdom.
<pre>252 00:35:00.060> 00:35:10.710 Carrington Moore: Building let's actually do me a favor let's go to we got suppan online i'm so excited by this is the pendulum pins do me a favor do me a favor go to Matthew Chapter six.</pre>
253 00:35:11.010> 00:35:22.050 Carrington Moore: verse eight we were just going to talk about a real quick because Jesus, and a lot of the people in the New Testament talking about prayer, but I want us to go to Jesus real quick she's talks about prayer Matthew six and eight.
254 00:35:22.590> 00:35:28.440 Carrington Moore: If you go to Matthew 16 real quick family member versus scripture happens go to Matthew i'll go with you have my bubble right here.

255 00:35:30.000 --> 00:35:37.560 Carrington Moore: Now things right before mark your turn real fast Matthew six and eight go to this little well getting it. 256 00:35:39.930 --> 00:35:40.830 Carrington Moore: depends, whatever you have. 257 00:35:40.860 --> 00:35:49.200 Pangi Johnson: To go to read it for now okay Matthew six and eight, do not be like them, for your father knows what you need before you ask him. 258 00:35:49.590 --> 00:35:52.200 Carrington Moore: whoa whoa whoa. 259 00:35:54.300 --> 00:35:56.640 Pangi Johnson: This, then, is how you should pray. 260 00:35:57.870 --> 00:35:58.860 Our Father in heaven. 261 00:36:01.980 --> 00:36:05.220 Carrington Moore: You missed it, we know that again what's it say. 262 00:36:06.780 --> 00:36:09.090 Pangi Johnson: This, then, is how you should pray. 263 00:36:10.890 --> 00:36:11.490 Pangi Johnson: keep going. 264 00:36:11.820 --> 00:36:12.810 Carrington Moore: uh huh oh. 265 00:36:13.260 --> 00:36:14.280 Carrington Moore: Our Father in heaven. 266 00:36:15.150 --> 00:36:21.510

Carrington Moore: Stop stop go back read that was one more time, one more time because I don't think folks got that written, one more time. 267 00:36:22.830 --> 00:36:25.380 Pangi Johnson: This, then, is how you should pray. 268 00:36:26.520 --> 00:36:27.750 Pangi Johnson: Our Father in heaven. 269 00:36:28.020 --> 00:36:44.580 Carrington Moore: amen that's it that's it that's we can shuttle know already what did I say I said prayers relational it didn't say pray this way, my father it doesn't say prayer this way your father, it says what our father, meaning that we are praying to. 270 00:36:44.580 --> 00:36:59.820 Carrington Moore: A commune a God that is communal that speaks to us individually, but also Community so they're asking Jesus who got tell us how to pray in Jesus says pray this way our father who art in heaven right, and so one. 271 00:37:00.330 --> 00:37:08.460 Carrington Moore: I want to submit to you that you might have the coldest prayer closet you ever had you ever made you can have all the bells and. 272 00:37:08.910 --> 00:37:23.400 Carrington Moore: The whistles and the candles you should have all that have all of that you, you can have everything put together, but if you are growing and God in intimacy individually, but you've neglected right the public. 273 00:37:24.900 --> 00:37:34.800 Carrington Moore: Responsibility to pray together you're missing a side of God, because he's a says pray this way talking to them collectively our Father keep keep reading sister pageant. 274 00:37:39.150 --> 00:37:42.180 Pangi Johnson: hallowed be thy name your kingdom car. 275 00:37:42.240 --> 00:37:42.540

Carrington Moore: whoa. 276 00:37:42.630 --> 00:37:47.760 Carrington Moore: whoa whoa we read it too fast read that was the path to adjust messages i'm sorry. 277 $00:37:49.620 \rightarrow 00:37:52.710$ Carrington Moore: read that one more time read one more test depends what's the say. 278 00:37:54.060 --> 00:37:58.410 Pangi Johnson: i'm start our Father in heaven hallowed be thy name your kingdom come. 279 00:38:00.300 --> 00:38:14.160 Carrington Moore: thy kingdom come we've talked about one prayer is relational our father who art in heaven here's the thing prayer check this out prayer is kingdom building. 280 00:38:15.420 --> 00:38:21.780 Carrington Moore: It says that prayer is kingdom building i'ma say that one more time. 281 00:38:23.550 --> 00:38:24.330 Carrington Moore: prayer. 282 00:38:25.410 --> 00:38:40.140 Carrington Moore: is king kingdom building so check this out prayer is the act here this by which the people of God become incorporated into the presence and action of God in the world here's the thing. 283 00:38:41.310 --> 00:38:50.970 Carrington Moore: The miracle check this out with a brings us to the miracle of the text, the miracle that we see is the manifestation of god's vision for the world, so one more time. 284 00:38:51.810 --> 00:39:02.760 Carrington Moore: The miracle that we see in the text is the manifestation of god's vision for the world so so here's the thing

Jesus, I feel like shopping Jesus.

285 00:39:03.930 --> 00:39:15.030 Carrington Moore: is able to walk into his purpose, because he understands the coming of the Kingdom you're talking to me today yeah it's prayers are centered. 286 00:39:15.690 --> 00:39:23.970 Carrington Moore: On the manifestation of the Kingdom therefore he's able to manifest the kingdom and it's like living Center for one more time because you're gonna miss all of that. 287 00:39:26.040 --> 00:39:33.390 Carrington Moore: Where his kingdom building that's the that's the big point now let's break it down prayer is the act by which the people of God. 288 00:39:33.900 --> 00:39:47.850 Carrington Moore: become incorporated into the presence in action of God in the world, so what happens the miracle that we see in the in the text is the manifestation of god's vision for the world. 289 00:39:48.570 --> 00:40:00.330 Carrington Moore: Jesus I like the disciples in this moment is able to walk into his purpose, because he understands here is the coming of the kingdom. 290 00:40:00.900 --> 00:40:11.310 Carrington Moore: His prayers are centered on the manifestation of the Kingdom therefore that's the big therefore therefore he's able to manifest the kingdom. 291 00:40:11.940 --> 00:40:27.780 Carrington Moore: and his life, so what here's the thing God says how to pray thy kingdom come thy will be done some of the difficulties that we're finding in our life is that we're not praying for the coming of the kingdom. 292 00:40:28.890 --> 00:40:29.970 Carrington Moore: We stop you right there. 293 00:40:31.230 --> 00:40:40.980 Carrington Moore: Yes, this question, we talked about this, all the

time somebody who has been involved the same for the last three years, what do y'all better answer we actually this question, what is the Kingdom of God. 294 00:40:42.030 --> 00:40:52.290 Carrington Moore: Because of it we missed that you don't get the point of the prayer was the Kingdom of God, we have to ask that, in order order to manifest the Kingdom we actually have to know what the Kingdom is what's the Kingdom of God. 295 00:40:52.890 --> 00:40:59.100 Carrington Moore: going to meet yourself going to put in the chat we'd love to hear from you we're almost we're almost done we're talking about praying fasting. 296 00:41:00.180 --> 00:41:01.650 Jonell Johnson: We are the Kingdom of God. 297 00:41:03.360 --> 00:41:09.210 Carrington Moore: Okay, keep keep going, you can just leave us this genetic it has some some meat to the soup, you know. 298 00:41:10.470 --> 00:41:22.410 Jonell Johnson: So i'm just just the way we live the Boards with like the Kingdom of heaven be just like the kingdom to be to be that same way on earth, so that. 299 00:41:24.030 --> 00:41:30.840 Jonell Johnson: It would be like the Garden of Eden, or something that would be the goal to live perfectly in harmony with one another. 300 00:41:32.610 --> 00:41:36.420 Carrington Moore: that's good that's good all right that's good anybody else. 301 00:41:37.050 --> 00:41:38.100 Lillie Cousin: I would say, heaven. 302 00:41:40.710 --> 00:41:42.600 Carrington Moore: huh okay.

303 00:41:45.330 --> 00:41:46.170 Carrington Moore: anybody else. 304 00:41:50.880 --> 00:41:56.640 Carrington Moore: We talked about in Bible study before us, we studied about the Kingdom of God, this is actually pretty cool, but I think this is October. 305 00:41:57.480 --> 00:42:07.620 Carrington Moore: We started this I think October of 2019 we talked about the Kingdom we basically said this, the Kingdom of God is a place, full of love and justice. 306 00:42:08.040 --> 00:42:11.760 Carrington Moore: that's that's a simple summary does anybody ever asked what's the Kingdom of God. 307 00:42:12.600 --> 00:42:23.130 Carrington Moore: The Kingdom of God is a space, full of love and justice here's the thing God has partnered with us right we find this in the great Commission got his partner with us. 308 00:42:23.880 --> 00:42:32.580 Carrington Moore: to manifest the Kingdom of God here on earth, this is why I love when when people saying the scripts my favorite part with people saying. 309 00:42:34.380 --> 00:42:50.430 Carrington Moore: The lord's prayer communion like, for that is the Kingdom and the power and the glory growing up, I never think of my forces know messed up today i'm not on my i'm not on my a game, but here's the thing we're desiring to manifest heaven. 310 00:42:51.360 --> 00:43:01.020 Carrington Moore: on earth right but here's the thing here's the thing check this out there's nobody's fault, we have been socially engineered to not pray that way. 311 00:43:01.770 --> 00:43:10.530 Carrington Moore: So that one more time we have been socially engineered not to pray that way, let me, let me talk to you like this,

we have commodified prayer. 312 00:43:11.130 --> 00:43:20.790 Carrington Moore: We say that one more time because yeah because I want to apologize to anybody who thought prayer was about getting a prayer through getting somebody healed. 313 00:43:21.240 --> 00:43:35.760 Carrington Moore: Getting the breakthrough getting a new job finding a blue thing if you've been centered and form to think prayer was your gateway to get what you want you've been bamboozled hoodwinked and run amok. 314 00:43:37.050 --> 00:43:49.140 Carrington Moore: I wanna I want to submit to you that our capitalistic economy has commodified prayer as a way for you to rub on god's heart and get what you want. 315 00:43:49.530 --> 00:43:49.920 Carrington Moore: We have. 316 00:43:50.010 --> 00:43:59.460 Carrington Moore: We have here's the thing we have made prayer soul self centered that we have we've actually lost the power of prayer. 317 00:44:01.620 --> 00:44:10.740 Carrington Moore: So over time we've made prayer so self centered that we've actually lost the power press up i'm not making this up this. 318 $00:44:12.720 \longrightarrow 00:44:13.080$ Carrington Moore: way. 319 00:44:13.200 --> 00:44:14.220 Carrington Moore: This way you'll be. 320 00:44:14.460 --> 00:44:15.090 able to get mad. 321 00:44:16.320 --> 00:44:21.330 Carrington Moore: No, no i'm just only go with Jesus said literally

Jesus said pray this way. 322 00:44:22.890 --> 00:44:27.780 Carrington Moore: Our father, which art in heaven hallowed be that name thy kingdom come. 323 $00:44:29.280 \longrightarrow 00:44:36.120$ Carrington Moore: thy will be done so here's, the question we have to ask ourselves what does it mean to pray for the coming of the kingdom. 324 00:44:36.930 --> 00:44:48.870 Carrington Moore: Oh, my my mind, is a byproduct of law by kingdom come tomorrow, please God guy can we actually them pray that way so so you have to ask ourselves how. 325 00:44:49.410 --> 00:44:58.350 Carrington Moore: Do we will pray for the coming of the Kingdom and then, how do we orient our lives to manifest with the Kingdom of God there it is. 326 00:44:58.710 --> 00:45:06.270 Carrington Moore: And then last nearly, this is what Jesus is doing here's the thing, and this is what the disciples are struggling to do. 327 00:45:07.170 --> 00:45:18.540 Carrington Moore: So Jesus through his walk with the disciples is modeling how we pray for the kingdom, and here it is and then how we manifest the kingdom. 328 $00:45:19.470 \longrightarrow 00:45:23.940$ Carrington Moore: Now here's it here's the kicker here's the kicker X let's go to the steps it's going to flip in Chapter four. 329 00:45:24.240 --> 00:45:35.490 Carrington Moore: brothers things you're laughing and I see you laughing you got a grin on your face you seem like you're in a good mood, so we asked a request is going to flip your Chapter four verse six foot four or six. 330 00:45:35.520 --> 00:45:36.090 or.

331 00:45:37.170 --> 00:45:37.560 six. 332 00:45:39.420 --> 00:45:40.740 James Williams: All right, um. 333 00:45:42.540 --> 00:45:47.640 James Williams: Where it says, do not be anxious about anything but in every situation by prayer and. 334 00:45:47.640 --> 00:45:51.510 Carrington Moore: petition whoa what just be weird so fast. 335 00:45:51.690 --> 00:45:52.020 James Williams: All right. 336 00:45:52.830 --> 00:45:53.490 James Williams: so fast. 337 00:45:54.660 --> 00:45:57.780 Carrington Moore: I gotta slow down what was the scriptures say one more time, but. 338 00:45:59.310 --> 00:46:01.800 James Williams: Do not be anxious about anything. 339 00:46:03.120 --> 00:46:11.760 James Williams: But in every situation by prayer and petition with thanksgiving present your requests to God. 340 00:46:12.450 --> 00:46:15.330 Carrington Moore: yeah I keep reading keep going what's the next word say. 341 00:46:16.410 --> 00:46:17.610 James Williams: In the peace of God.

00:46:17.910 --> 00:46:18.510 James Williams: With St. 343 00:46:18.720 --> 00:46:25.680 James Williams: ben's all understanding will guard your hearts your minds in Christ in Christ Jesus. 344 00:46:25.860 --> 00:46:37.860 Carrington Moore: amen can I submit something to you some of us, so what what, in order to get the piece, that we want from God the joy that we desire in life. 345 00:46:38.490 --> 00:46:49.230 Carrington Moore: That has to be molded by the power prayer the way that that Paul sets up prayer for the Church of Philip pie, he suggested to the one be anxious for nothing. 346 00:46:49.680 --> 00:47:02.040 Carrington Moore: But all things through prayer and supplication meaning meaning this that you have to acknowledge right that God here's the big thing and young I like this part that God. 347 00:47:03.030 --> 00:47:17.850 Carrington Moore: should be in more control than we should be to praying what supplication of prayer and petition, you only petition the folks who got more power to you when I was little boy Michael rice love desserts ice cream and I start a petition to my mom. 348 00:47:18.870 --> 00:47:23.400 Carrington Moore: Let me get some ice cream and she was a boy go ahead i'll get you some ice cream my father, but now son. 349 00:47:23.880 --> 00:47:32.070 Carrington Moore: Now you get nine not today why our petition to my mom after you would say no, because I know that they shared power over me. 350 00:47:32.370 --> 00:47:41.760 Carrington Moore: I can just go get some ice cream, because I get a spanking but I knew that our petition to somebody who has power over

me my request might be granted here's the thing.

351 00:47:43.350 - > 00:47:51.810Carrington Moore: When we live a life of prayer here's the big part this is gonna hurt you i'm saying, this would Paul said when we live a life of prayer. 352 00:47:52.740 --> 00:48:06.360 Carrington Moore: And we petitioned to God we're not just petitioning God to have control here's the thing over the things that we can fix but to have control over the entirety of our life so one more time. 353 00:48:07.080 --> 00:48:11.550 Carrington Moore: Sometimes you only come to God what the things that we we don't like dealing with. 354 00:48:12.480 --> 00:48:23.550 Carrington Moore: God my children because they create conflict messing with me and rugrats no more God you do some for these folks at my job because i'm on knock them out right john just something about presence Lord. 355 00:48:23.940 --> 00:48:39.570 Carrington Moore: Please help sister or brother such and such because if they say oh one more thing to me i'm a customer right and that happens at Bethel but that happens at church places all the time right, we often only petition God over certain things but but here's the thing. 356 00:48:40.680 --> 00:48:49.980 Carrington Moore: we're instructed true prayer while allowing God to have complete control over our life now here's the thing. 357 00:48:51.000 --> 00:48:57.300 Carrington Moore: We talked about being social engineer here's the thing we have been socially engineer to want control. 358 00:48:58.380 --> 00:48:59.250 Carrington Moore: So one more time. 359 00:49:00.720 --> 00:49:05.700 Carrington Moore: that's what alicia so hard, because nobody wants to give them control.

360 00:49:06.510 --> 00:49:13.260 Carrington Moore: Relationships whether it's with your booth thing or in the church or people in your job, everybody is seeking control that's why. 361 00:49:13.650 --> 00:49:16.680 Carrington Moore: that's why about what's the promotion promotion sort of money, I want. 362 00:49:16.980 --> 00:49:28.380 Carrington Moore: Sometimes you get all the control and power that's a lot of stress, but just get a promotion, give me some money little bit more responsibilities, life is good right right but oftentimes we want that promotion, because we want to be. 363 00:49:29.130 --> 00:49:41.190 Carrington Moore: In charge we've been socially engineered to want control but here's the thing radical prayer is a relinquishment of control over your own life. 364 00:49:42.660 --> 00:49:56.640 Carrington Moore: They just for nothing but all things through prayer and supplication with here's the thing with thanksgiving make your requests be made known to God that was last part brothers and read the last last part that the next the next slide the next scripture was to say. 365 00:49:57.300 --> 00:49:59.850 James Williams: In the piece of verse seven. 366 00:50:00.180 --> 00:50:00.780 Carrington Moore: Yes, sir. 367 00:50:01.020 --> 00:50:08.850 James Williams: In the peace of God, which transcends all understanding will guard your hearts and your minds in Christ Jesus. 368 00:50:09.120 --> 00:50:26.100 Carrington Moore: amen so that's here's the thing the result of your equipped your prayer for the result of your prayer is that the peace

of God here's the thing which surpasses all understanding will guard your heart in mind. 369 00:50:27.510 --> 00:50:31.530 Carrington Moore: in Christ Jesus, that is, the blessing of prayer. 370 00:50:32.730 --> 00:50:36.360 Carrington Moore: When you petition God to take control over your life. 371 00:50:37.620 --> 00:50:47.490 Carrington Moore: That will happen, the result of that, and the peace of God, I feel the Holy Ghost now which surpasses all understanding here's the thing will guard your heart and mind. 372 00:50:48.150 --> 00:50:54.510 Carrington Moore: in Christ Jesus right that's the Paul says let's go back to the other texts let's go back to the text you're talking about prayer. 373 00:50:55.710 --> 00:51:04.830 Carrington Moore: we're talking about prayer we're getting we're getting rid of clothes, the next 10 minutes talking about prayer let's go back to the miracle let's go back to the miracle or mark chapter nine. 374 00:51:06.240 --> 00:51:07.260 Carrington Moore: Mark chapter nine. 375 $00:51:08.940 \longrightarrow 00:51:20.940$ Carrington Moore: So here's the thing prayer say this part prayer will write this down is the sustaining practice, energy and force that keeps you. 376 $00:51:22.590 \longrightarrow 00:51:36.870$ Carrington Moore: say one more time prayer is the sustaining practice, energy and force that keeps you prayer keeps you connected to self it keeps you connected to Community and it keeps you connected to God. 377 00:51:38.250 --> 00:51:44.730 Carrington Moore: Now what to submit to you as we're talking about

prayer we are reorienting our lives here's the thing. 378 00:51:45.990 --> 00:52:06.480 Carrington Moore: You have to learn how to pray differently actually Christ teaches us how to pray that we're called to pray for the coming of the Kingdom of God we've been socially engineered to pray for things here, it is that are superficial our prayer lives right our prayer lives are simply. 379 00:52:07.620 --> 00:52:10.590 Carrington Moore: A mirroring of what we've been told. 380 00:52:11.670 --> 00:52:24.660 Carrington Moore: To want instead of one time, I was in complete darkness over time our prayer lives often have been a mirroring have been of things that we've been told that we want and what we should desire. 381 00:52:26.700 --> 00:52:36.150 Carrington Moore: So I want, I want to go back you're not you don't have to put your business on the on zoom or nothing like that I want you to actually think about what you pray for. 382 00:52:38.880 --> 00:52:47.520 Carrington Moore: i'm not saying it's bad to pray for material things or is bad to pray for favor, but I want to submit to you, are you praying more for things. 383 00:52:47.970 --> 00:52:53.730 Carrington Moore: Or are you praying for the manifestation of the Kingdom of God, because here's the thing here's the thing. 384 00:52:54.720 --> 00:53:09.360 Carrington Moore: Part of your prayer could be is the intervening of God, on your behalf, and the intervening of goblin behalf of others, but essentially essentially i'm just i'm freestyle now your prayer should do. 385 00:53:10.440 --> 00:53:17.280 Carrington Moore: prayer should connect you to the deepest and the most intimate desires that your heart wants.

386 00:53:18.990 --> 00:53:27.390 Carrington Moore: prayer should reveal to you on a daily basis, the love that God has for you, the last part prayer. 387 00:53:27.810 --> 00:53:34.800 Carrington Moore: should give you the divine revelation for how you should walk and move through the world on a daily basis, never submit to you. 388 00:53:35.040 --> 00:53:41.250 Carrington Moore: Sometimes there are 50 and 60 and 70 years old, to determine our 30s to we can figure out what we want to do. 389 00:53:41.550 --> 00:53:52.080 Carrington Moore: All been called to do I want to submit to you sometimes because we haven't been praying for the coming of the Kingdom of God we connect to God i'm just freestyle family when you are connected to God. 390 00:53:52.980 --> 00:54:00.570 Carrington Moore: On the daily, you have a consistent and powerful prayer life it's difficult for people to move you off kilter. 391 00:54:00.780 --> 00:54:11.880 Carrington Moore: So when you experience the pharisees in the second season of your life you're not you're not you're not baked rough of power, and this is what happens to the disciples and get amongst the crowd. 392 $00:54:12.540 \rightarrow 00:54:22.830$ Carrington Moore: right they see some ferriss is just some sad to see and they get off kilter here's the thing it's already inside of them the power of God is already inside of them. 393 00:54:23.790 --> 00:54:29.910 Carrington Moore: they've already learned how to maximize their divinity here's the thing but prayer it is. 394 00:54:30.480 --> 00:54:41.700 Carrington Moore: The absence of prayer keeps them from unlocking the divine potential of what they call to do now, if you just heard that

she said she just said the same thing, like 30 minutes ago i'm just repeating what she just said right. 395 00:54:42.270 --> 00:54:56.610 Carrington Moore: We already said that here's the thing the divinity and the power that you're wanting, for your life we often think it's external like I just need the pastor to pray for me or I just need my boo thing to pray for me. 396 00:54:57.630 --> 00:55:03.810 Carrington Moore: I just need a little bit more money, I want to submit to you that the power that you've been waiting on it's already inside you. 397 00:55:04.500 --> 00:55:13.410 Carrington Moore: As a matter of fact, this what the Bible says they actually come to Jesus after miracle, it says Jesus work what's going on why couldn't we do this. 398 00:55:13.980 --> 00:55:22.320 Carrington Moore: And Jesus says this only comes through prayer and fasting it doesn't say Jesus and say oh you got to go and get that degree. 399 00:55:23.130 --> 00:55:33.150 Carrington Moore: Or you got to go and get that job or you don't get enough money in your bank account Jesus says simply what there's only comes to prayer and fasting the power that you're seeking. 400 00:55:34.470 --> 00:55:40.950 Carrington Moore: To be manifested in your life is locked in your ability to pray. 401 00:55:42.630 --> 00:55:50.310 Carrington Moore: People say prayer changes thing another way to say that prayer changes things because God, through your prayer life will give you the power to change things. 402 00:55:51.300 --> 00:55:59.730 Carrington Moore: Because here's the thing God is pushing the disciples to do the same thing actually God is actually God is exasperated because he's like yo.

403 00:56:00.420 --> 00:56:10.770 Carrington Moore: it's already inside of you i've already given you power over this, but you're pro life can keep you from manifesting manifesting manifesting the power and Sally last part. 404 00:56:11.700 --> 00:56:26.130 Carrington Moore: Last point i'll make this loose connection real quick Jesus says to the man, he says, all things are possible to one who can believe in the man says very, very in a very space of vulnerabilities is, I believe, but help my unbelief. 405 00:56:27.210 --> 00:56:28.380 Carrington Moore: love that part of the scripture. 406 00:56:29.520 --> 00:56:35.520 Carrington Moore: And he's also says ask deeper questions, how long has this boy been like this is this has been like this from childhood. 407 00:56:36.330 - > 00:56:42.570Carrington Moore: So much so that he throws his body whoo you to the fire, the causes and brain injury. 408 00:56:43.470 - > 00:56:57.240Carrington Moore: Now I want to connect this particular point, especially because Jesus didn't have door that you never have the dialogue but Jesus desires to go to the pain points of this man's life let's talk about fasting in one minute. 409 00:56:58.590 - > 00:57:08.970Carrington Moore: fasting it's partly an extension of prayer but here's the thing fasting is beautiful um there's a whole lot about fasting i'm not going to do it now because it's already eight o'clock before. 410 00:57:09.870 --> 00:57:23.970 Carrington Moore: I want, I want you to know this about fasting when you fast, here it is when you fast fasting creates in your body and in your mind, it creates a deeper hunger. 411 00:57:25.080 --> 00:57:33.990

Carrington Moore: Oh yeah I missed it I missed it in the back all the folks got the camera and they got it everybody else shot miss to miss that one more time say one more time i'm just messing with job. 412 00:57:35.220 --> 00:57:40.320 Carrington Moore: i'm just playing with Joe the fasting creates a deeper. 413 00:57:41.970 --> 00:57:49.200 Carrington Moore: Inside of you now there's there's some there's some physical benefits of fasting one you know of course fasting will boost your metabolism. 414 00:57:49.380 --> 00:58:03.120 Carrington Moore: In some ways fasting which is beautiful actually because oftentimes we're we've been acculturated to eat so much all the time that literally a body can heal itself because it's literally focused on digestion right when you're when you're fasting. 415 00:58:03.870 --> 00:58:18.540 Carrington Moore: And you train your body to turn away from food, but for a moment, your body and your mind and your soul will seek after a different satisfaction i'm gonna go real deep work with whoo for black folks on the line. 416 00:58:19.260 --> 00:58:36.570 Carrington Moore: oftentimes we've been we've learned, now that sense is bad because all cultures do it we've alone to place the joy and the sensation of living or the celebratory moments of life we've placed it in food will stop right there. 417 00:58:38.670 --> 00:58:45.600 Carrington Moore: Our pain and our celebration it's often celebrated around food, food that's there's a lot of there's a lot of reasons for that. 418 00:58:46.050 --> 00:59:00.420 Carrington Moore: One because of segregation black folks oftentimes were marginalized in terms of the spaces, that they can go so oftentimes you can only go to a certain space at a certain House and you had a bunch of food y'all dance and had a good time, I want to submit to you.

419 00:59:01.560 - > 00:59:10.080Carrington Moore: That we've been so inundated with unhealthy foods that literally our body, here it is i'm i'm a bless you real quick. 420 00:59:10.350 --> 00:59:12.090 Carrington Moore: Our bodies are literally. 421 00:59:12.420 --> 00:59:13.650 Carrington Moore: craving filth. 422 00:59:15.210 --> 00:59:15.930 Carrington Moore: There, one more time. 423 00:59:17.160 --> 00:59:20.730 Carrington Moore: Sometime i'm not shaming anybody i'm talking to Ken, and this is kenton. 474 00:59:21.600 --> 00:59:31.680 Carrington Moore: Who is overcoming oreos to this day, oh it's struggling during co with oreos I told you my testimony two years ago coca started i'm still struggling so i'm not thinking on nobody. 425 00:59:32.160 --> 00:59:45.750 Carrington Moore: i'm talking about preaching to me oftentimes our spiritual bodies and our physical bodies are craving field, because we've been inundated with it on a daily basis when you fast. 426 00:59:46.920 --> 00:59:57.630 Carrington Moore: And you make the conscious effort to turn food down your body will begin and learn to create something deeper than food. 427 01:00:00.390 --> 01:00:01.320 Carrington Moore: And here's the thing. 428 01:00:02.610 --> 01:00:07.260 Carrington Moore: A prayer life whoop here, it is a prayer life mix with fasting. 429 01:00:07.830 --> 01:00:22.770

Carrington Moore: creates power because one your body and your soul is craving something a deeper sensation and your prayer life is connected to God it's connecting you to people and connecting to yourself, you begin to unravel. 430 01:00:23.460 --> 01:00:30.390 Carrington Moore: The deeper yearnings of the soul that will give you direction for life so and submit to you oftentimes. 431 01:00:31.410 --> 01:00:36.750 Carrington Moore: The climax of our day i'm not i'm not i'm not shaming anybody the climax of our day. 432 01:00:37.230 --> 01:00:53.610 Carrington Moore: The way that we celebrate our day it's often centered around food, I want to submit to you in this in this month of concentration, how can you how can you re Center the celebrate Tory moments of your life with a spiritual discipline. 433 01:00:58.740 --> 01:01:00.870 Carrington Moore: is in the text and the send the text. 434 01:01:02.250 --> 01:01:14.400 Carrington Moore: Jesus is so loving and so gracious and he in and out of out of love is exasperated by the unbelief of the disciples but in that love he still takes. 435 01:01:15.270 --> 01:01:35.220 Carrington Moore: The power that he has to model what healing can look like and then after that the disciples after possibly being ashamed or embarrassed or uninsured of why they couldn't heal the man to come to Jesus quietly say Jesus why couldn't we perform this miracle. 436 01:01:36.570 --> 01:01:40.830 Carrington Moore: Jesus says it's only comes through prayer and fasting and in the same way. 437 01:01:41.610 --> 01:01:42.750 Carrington Moore: As many of us. 438 01:01:43.830 --> 01:01:54.090

Carrington Moore: are asking the question like the disciples because we have been inconsistent and our prayer life we're saying God, what can I manifest the the healing of my family, why can I. 439 01:01:54.720 --> 01:01:57.060 Carrington Moore: Have the direction that I want in life God why. 440 01:01:57.330 --> 01:02:07.350 Carrington Moore: Why this why that I hear God still saying to the scripture texts that's divine that this only comes through prayer and through fasting. 441 01:02:07.890 --> 01:02:16.860 Carrington Moore: When you fast will create a deeper hunger inside of you, and when you pray I promise you, when you have a prayer life, it will connect you to God. 442 01:02:17.370 --> 01:02:25.800 Carrington Moore: will have you deep more deeply connected to the people around you his last part will connect you deeper to yourself, some of us are tossed. 443 01:02:26.160 --> 01:02:34.440 Carrington Moore: to and fro were beautiful people wonderful people, but we have no direction because we haven't had time with ourselves that's what prayer is. 444 01:02:35.070 --> 01:02:41.220 Carrington Moore: prayer is only spending time with God and time with you and having a good old time sometimes. 445 01:02:41.910 --> 01:02:53.160 Carrington Moore: We start the distractions we learn to pray and Center ourselves on the daily you will literally see a change in your life your job, you may complete. 446 01:02:53.850 --> 01:03:07.680 Carrington Moore: was saying he will see a lot of the angle of your life subside you will begin to make better decisions they said, what is it 21 days to start a new habit is that what it is to one days I think it's something like that I promise you pray for 21 days whoa.

447 01:03:08.340 --> 01:03:09.420 Sabrina Gray: yeah yeah yeah. 448 01:03:09.660 --> 01:03:11.400 Carrington Moore: We got the Holy Ghost now you'll definitely get it. 449 01:03:13.740 --> 01:03:19.950 Carrington Moore: But I want to, I want to turn the rest of our time overstate 10 I would love to hear, I believe that past floor is alive would love to hear. 450 01:03:20.430 --> 01:03:30.540 Carrington Moore: From our dear rubber who's leading us in the season of prayer and consecration rubber Sabrina love to have a last word from you and pastor Gloria and the will move into. 451 01:03:30.750 --> 01:03:42.870 Carole Copeland Thomas: prayer Reverend more before they speak, you may want to answer the question from sister Susan Paul who said how can you read Center the celebratory moments of your life with the spiritual disciplines. 452 01:03:43.230 --> 01:03:47.280 Carrington Moore: amen That was the question I asked to y'all soon as you asked me to answer that it felt like. 453 01:03:47.580 --> 01:03:50.760 Susan Paul: I was just emphasizing it so we wouldn't miss it. 454 01:03:50.790 --> 01:03:55.020 Susan Paul: Thank you sister cow, but I will say sister Gloria said she had to step out what. 455 01:03:55.050 - > 01:03:56.880Susan Paul: Robin Gloria to another meeting. 456 01:03:57.630 --> 01:04:02.550 Carrington Moore: All right, all right well you know what it's all good we still got we got like three passes in the call we got.

457 01:04:02.880 --> 01:04:08.550 Carrington Moore: rough we pass the time that we got pastor Bob and we get past to bring someone in order to go from pastor Sabrina. 458 01:04:08.880 --> 01:04:20.580 Carrington Moore: To pass Italian a pastor Bob and go to prayer so want to make sure that they have the opportunity to share anything that might be on the heart and then we are going to pray our way on. 459 01:04:22.470 --> 01:04:34.440 Sabrina Gray: amen amen Thank you pastor Carrington always always you guys just use you and says miraculous ways and this truly was a reference Bible study Thank you so much. 460 01:04:35.070 --> 01:04:41.490 Sabrina Gray: given so much to think about just praying differently human think we bring the gates of hell down but. 461 01:04:42.210 --> 01:04:50.130 Sabrina Gray: Just really that key.com and who we praying to you gave us, so much so much meat Thank you so much, not pray that. 462 01:04:50.580 --> 01:04:56.580 Sabrina Gray: i'm not sure if this was taped everything and, if not i'm just praying Holy Spirit will bring all bring those things. 463 01:04:56.850 --> 01:05:07.350 Sabrina Gray: That meal, the spirit really spoke to you about to your remembrance, that we can meditate on these things, and you know, certainly, I thank God for all who have participated in this. 464 01:05:07.740 --> 01:05:15.600 Sabrina Gray: prayer and fasting time, this will not be the last time that we do it, but i'm praying that even though we're going to end it on the 31st. 465 01:05:15.960 --> 01:05:27.690 Sabrina Gray: that people will be in the in the discipline of continuing to pray in me and fast and not you know corporately

necessarily but individually, because it's pastor character so.

466 01:05:28.080 --> 01:05:35.610 Sabrina Gray: that's our lifeline that's where we have that intimacy with God, so I just really encourage everyone just to. 467 01:05:36.450 --> 01:05:50.280 Sabrina Gray: again take what we've talked what you've learned here and what God has taught us during this month and just go to a new place a new place in your prayer time so again pastor Carrington into everyone blessings blessings blessings. 468 01:05:50.820 --> 01:05:57.150 Carrington Moore: man, a man Thank you so much pastor Sabrina want to go to pastor tanya any last words that you might want to share in this moment. 469 01:05:58.560 --> 01:06:01.050 Tanya Miller: I thank you for another rich Bible study. 470 01:06:02.160 --> 01:06:03.660 Tanya Miller: I just wanted. 471 01:06:04.920 --> 01:06:15.900 Tanya Miller: I guess if i'd share anything it's just that the power of prayer you talked about it being a sustaining for sustaining practice and energy that keeps us. 472 01:06:16.230 --> 01:06:28.500 Tanya Miller: And I think that's just it's so profound because, if I if I trace my life, it is the things that i'm praying and the times that i'm seeking God, where I find my greatest strength. 473 01:06:30.150 --> 01:06:34.650 Tanya Miller: And i'd also just say, as we think about praying for the kingdom. 474 01:06:35.700 --> 01:06:49.050 Tanya Miller: don't ever underestimate your prayers I there's, so there are times in my life like clear times, where I know that I literally felt the prayers of god's people holding me up.

475

01:06:49.500 --> 01:06:57.420 Tanya Miller: Keeping my body and my mind, so when we talk about the Kingdom of God, just think about your your fellow. 476 01:06:59.910 --> 01:07:09.240 Tanya Miller: Your fellow journey years and this right how your prayers and, sometimes, as sometimes it's someones can literally holding them up. 477 01:07:10.380 --> 01:07:15.690 Tanya Miller: it's true I know it i've heard Chris lift me up when I felt like I was going to be. 478 01:07:17.610 --> 01:07:24.210 Tanya Miller: So I just I think after this Bible study, because I think you I was rich and you get all those things. 479 01:07:27.210 --> 01:07:31.680 Carrington Moore: Actually, has got a pastor pastor Bob have you have anything you want to share with us about. 480 01:07:35.520 --> 01:07:36.000 Robert Gray: You know. 481 01:07:37.260 --> 01:07:48.600 Robert Gray: everything you said was right on the money and it's really interesting i've what I found is we're taught to pray when we're young it may not be the correct way but we're talking about prayer. 482 01:07:50.070 --> 01:07:53.100 Robert Gray: And we develop those bad habits when we're young. 483 01:07:56.310 --> 01:08:03.060 Robert Gray: And it's easy to fool people are you have to do is bow your heads, all you have to do is speak will put your hands up when everyone else is doing, you know. 484 01:08:03.840 --> 01:08:13.950 Robert Gray: What fasting is another level of discipline yeah in order to run the faster way the Lord would have you to fast it takes a

little more sacrifice. 485 01:08:15.330 --> 01:08:22.290 Robert Grav: And it's kind of hard to fake it over a period of time when people around you are eating oreo cookies and doing things like that. 486 01:08:23.190 --> 01:08:31.350 Robert Gray: But the the The interesting thing is that if you really want to get serious about coming before the Lord and really hearing from heaven. 487 01:08:32.130 --> 01:08:38.610 Robert Gray: Then you definitely need to pray, as you said, prayer up and you need to pray in the way that that that God, would he. 488 01:08:39.180 --> 01:08:45.900 Robert Gray: Would if you want to bring it to the next level that's fasting that sacrifice of self sacrifice that's something that. 489 01:08:46.410 --> 01:08:51.420 Robert Gray: Listen, you can do it to fool the people for a short time, but you can't do it for a long time to fool people. 490 01:08:51.960 --> 01:09:03.900 Robert Gray: So I think God that he's given us another mechanism so that we can really not only show the world that we're you know that we're with the Lord, but it really tells us more about ourself. 491 01:09:06.420 --> 01:09:07.110 Carrington Moore: that's good. 492 01:09:08.100 --> 01:09:08.820 Carrington Moore: that's good because. 493 01:09:09.390 --> 01:09:10.200 Carrington Moore: We talked. 494 01:09:11.400 --> 01:09:20.220 Carrington Moore: We talked to them or that fasting is is really his

own Bible, so let me, let me share this last point is the past about fall about fasting. 495 01:09:21.360 --> 01:09:29.730 Carrington Moore: And the Hebrew Bible prayers and the temple were often associated with a sacrifice, so what pastor Bob is saying is right on the money. 496 $01:09:30.150 \longrightarrow 01:09:37.140$ Carrington Moore: The sacrifice that should be a company with our prayer is our fast and it's not just fasting from food, but it's. 497 01:09:37.650 --> 01:09:45.540 Carrington Moore: turning away or turning over some things that might be a distraction to us the other thing that's about fasting that's really, really important to think through. 498 01:09:45.810 --> 01:10:01.530 Carrington Moore: How they this is, this is a much deeper Bible study is that I want to submit to you in preparation of this Bible society didn't really hit on this at all is that fasting particularly fasting from food will give you a deeper appreciation and love for your physical body. 499 01:10:02.010 --> 01:10:18.480 Carrington Moore: As one you when you withdraw from food literally you feel your body responding to wanting the food and so, by default, you become more mindful with your body is going to do, I want to submit to you. 500 01:10:19.230 --> 01:10:35.910 Carrington Moore: One because of we have melon native bodies living and a white supremacy culture that one we've been accustomed to being in pain and then to we've been accustomed to not acknowledging our bodies, I want to submit to you actually do meditate. 501 01:10:37.260 --> 01:10:55.050 Carrington Moore: I don't I don't do yoga like that, but I do yoga every now and then do this peloton APP I want to submit to you at a moment I was right before I got married, it was a moment I was doing yoga and I was stretching and there was just a moment where god's said to me, do you love your body.

502 01:10:59.730 --> 01:11:05.070 Carrington Moore: And that's that that's the question I want to ask you all today as we're thinking about fasting and prayer. 503 01:11:05.670 --> 01:11:12.960 Carrington Moore: fun prayer to God to love yourself literally fast and we've been taking even deeper, you will teach you to love your physical body. 504 01:11:13.320 --> 01:11:24.810 Carrington Moore: Right, which is the greatest manifestation of your divinity so one more time you don't gotta believe me on this one, you might have a different type of theology, but I have a theology that's base literally in the presence of the body. 505 01:11:25.380 --> 01:11:27.900 Carrington Moore: that the greatest manifestation of your. 506 01:11:28.290 --> 01:11:38.310 Carrington Moore: of your divinity is your physical body that's what we say black lives matter, because when you are destroying black bodies, you are literally destroying the divinity of the world and of the universe. 507 01:11:38.640 --> 01:11:49.020 Carrington Moore: Right, and so this would make the sacrifice of Jesus so great, because it gives us what is physical body, and in fact it says in Romans the Bible says present your bodies. 508 01:11:49.410 --> 01:11:54.270 Carrington Moore: And then sacrifice sacrifice holy and acceptable unto God. 509 01:11:54.690 --> 01:11:55.020 Carrington Moore: Which is. 510 01:11:55.320 --> 01:11:56.550 Carrington Moore: What your reasonable. 511 01:11:57.120 --> 01:11:58.410

Sabrina Gray: Service you're reasonable. 512 01:11:59.220 --> 01:12:15.360 Carrington Moore: Reasonable service or your reasonable act of worship, so our fast right and our prayer it's part of the worship, that we give them to God and to each other all right, I can keep going but i'm not going to let's pray family oh way of please assume your posture prayer. 513 01:12:16.890 --> 01:12:18.600 Carrington Moore: Please assume your posture for. 514 01:12:19.860 --> 01:12:26.130 Carrington Moore: us as we pray I pray that you all will grow in your prayer life, and you have a deeper connection to yourself. 515 01:12:27.600 --> 01:12:28.590 Carrington Moore: to your community. 516 01:12:29.610 --> 01:12:39.900 Carrington Moore: And to God and I pray as you fast, that you will begin to have a deeper love for your own physical body, because you are divine. 517 01:12:40.440 --> 01:12:48.360 Carrington Moore: And you are beautiful and to wrap up his Bible study in a nutshell it's simply this praying and fasting will unlock the full breath. 518 01:12:49.080 --> 01:12:58.290 Carrington Moore: of your divinity, let us pray God, we thank you for this day, thank you for your goodness, and for your mercy I brother Howard, please give me a call when you're done if you want to chat this all good. 519 01:12:59.160 --> 01:13:10.350 Carrington Moore: I think if your goodness, and for your mercy, I thank you for your love and forgive power God, we thank you, Lord God for Dr fluffy a student Michelle Davis who lost her mother On Monday I pray that you're.

01:13:12.480 --> 01:13:13.920 Carrington Moore: Considering the name. 521 01:13:13.950 --> 01:13:15.060 Sabrina Gray: of Jesus Christ. 522 01:13:15.930 --> 01:13:18.450 Carrington Moore: I pray that you will ship it out and be with her, as she. 523 01:13:18.690 --> 01:13:27.600 Carrington Moore: engages in this deep and difficult transition of life that I pray that you bless sister Kathy has been diagnosed with lymphoma is that now been hospitalized with kogut. 524 01:13:27.960 --> 01:13:35.010 Carrington Moore: And ammonia God bless her and be with her Lord God put your lover protection around her Lord God we pray Lord God that you would bring. 525 01:13:35.280 --> 01:13:43.440 Carrington Moore: healing to in the name of Jesus Lord God I pray Lord guys that whenever D for a hunger for you, in the name of Jesus Lord God that you will help us be. 526 01:13:43.710 --> 01:13:54.690 Carrington Moore: us to overcome or oreos and help us to overcome difficult relationships, help us to even come self doubt self pity low got insecurities guy help us to overcome those things. 527 01:13:54.990 --> 01:14:09.870 Carrington Moore: And the name of Jesus, and God we pray that in this moment, and this season little quy that you will bring to us divine revelation the revelation that we need for God to bring the Kingdom of God to pass you got you said to pray this way that kingdom COM. 528 01:14:10.170 --> 01:14:11.400 Carrington Moore: Yes, he's done. 529 01:14:12.240 --> 01:14:14.550 Carrington Moore: on earth, as in heaven.

530 01:14:14.970 --> 01:14:16.770 Carrington Moore: God witcher will be done. 531 01:14:17.490 --> 01:14:19.050 Carrington Moore: In this season of our lives. 532 01:14:19.140 --> 01:14:25.110 Carrington Moore: Yes, read the name of Jesus the Christ our risen savior everyone say amen. 533 01:14:30.000 --> 01:14:30.600 Thank you. 534 01:14:32.670 --> 01:14:33.750 Candice Alexander: Thank you, thank you. 535 01:14:34.320 --> 01:14:34.860 Sabrina Gray: Thank you. 536 01:14:35.880 --> 01:14:36.480 Carrington Moore: Thank you all. 537 01:14:36.540 --> 01:14:38.520 Carole Copeland Thomas: God bless you Thank you bless everybody. 538 01:14:38.640 --> 01:14:40.500 Carole Copeland Thomas: goodnight goodnight. 539 01:14:41.580 --> 01:14:42.510 Pangi Johnson: goodnight Thank you. 540 01:14:42.810 --> 01:14:43.440 Carole Copeland Thomas: good night.